

## **Airplane IFR Quick-Review Study Guide**

## WHEN IS AN INSTRUMENT RATING **REQUIRED?**

- When acting as PIC under IFR or in weather conditions less than prescribed for VFR. (§61.3)
- When carrying passengers for compensation or hire on cross-country flights in excess of 50 NM or at night. (§61.133)
- For flight in Class A airspace (§91.135)
- For Special VFR between sunset and sunrise (\$91.157)

#### AIRPLANE-INSTRUMENT RATING MINIMUM **AERONAUTICAL EXPERIENCE**

- 50 hours X-Country PIC time
  - Of which ,10 hours in airplanes.
- 40 hours actual or simulated instrument time
  - ▷ Of which, 15 hours with CFII.
    - □ Including one X-Country flight of:
      - 250 NM along airways or by directed ATC routing.
      - □ An instrument approach at each airport.
      - 3 different kinds of approaches using navigation systems.
      - With a filed IFR flight plan.
    - 3 Hours instrument flight training in last 2 Calendar months prior to practical test
- Use of approved full flight simulator or FTD, if trained by authorized instructor:
  - Max. 30 hours if instrument time completed under part 142
  - Max 20 hours if not completed under 142
- Use of FAA approved Aviation Training Device, if trained by an authorized instructor:
  - Max.10 hours of instrument time if Basic ATD
  - Max. 20 hours of instrument time if Advanced ATD
- No more than 20 hours of total instrument time can be credited in a full flight simulator, FTD or ATD, except the
- 30 hours exception under part 142 mentioned above. (§61.65)

## RECENCY OF EXPERIENCE

#### To act as PIC (§61.56)

A Flight review is required since the beginning of the 24 calendar months before the month of the flight in an aircraft for which the pilot is rated. Consists of minimum 1 hour of flight training and 1 hour ground training. Conducted by an authorized instructor. The flight review can be substituted by:

• A proficiency check or practical pilot test for a pilot

- certificate, rating or operating privilege. (conducted by an approved examiner, pilot check airman, or US Armed Force).
- A practical test, conducted by an examiner, for flight instructor certificate, additional rating, renewal or reinstatement.
- Completion of one or more phases of the FAAsponsored pilot proficiency award program (WINGS).
- Flight instructor renewal under part 61.197 exempts the pilot from the ground portion of the flight review.

## LOGGING INSTRUMENT TIME (§61.51)

A person may log instrument time An authorized instructor only for that flight time when the person operates the aircraft solely by reference to instruments under actual or simulated instrument flight conditions.

may log instrument time when conducting instrument flight instruction in actual instrument flight conditions

- A Flight simulator or FTD may be used to meet the flight review requirements as long as:
- It is used in an approved course by a training center under part 142.
- Represent an aircraft for which the pilot is rated.

## To carry passengers as PIC (§61.57)

- 3 takeoffs & landings in category, class and type (if type rating req.) In the last 90 days.
- At periods between 1 hour after sunset to 1 hour before sunrise: 3 takeoffs & landings to full stop within 1 hour after sunset to 1 hour before sunrise.
- The takeoffs and landings may be accomplished in a FFS or FTD if it is approved for landings and used in a part 142 training center.

See exceptions in 61.57(e) for pilots operating under part 121, 125, 135 and PIC of turbine-powered airplanes with more than one flight crewmember.

### To act as **PIC under IFR** or in weather conditions less than VFR minimums- "6 HITS" - (§61.57(c))

Within 6 calendar months preceding the month of flight:

- <u>6</u> instrument approaches.
- Holding procedures & tasks.
- Intercepting & Tracking courses through the use of navigational electronic systems.
- The above can be completed in a FFS, ATD, or FTD provided the device represents the category of aircraft for the instrument rating privileges to be maintained and the pilot performs the tasks and iterations in simulated instrument conditions. A flight instructor is not needed.

## No "6 HITS" logged looking back six months?

You have an <u>additional 6 months to regain currency</u> by performing the "6 HITS" with a <u>safety pilot.</u>

- Safety pilot requirements
  - > Holds at least a private pilot certificate with the appropriate category and class.
  - $\triangleright$ Have adequate vision forward and to each side of the aircraft.
  - > Aircraft must have a **dual control system**.

#### More than 6 months since IFR current?

- An Instrument Proficiency Check (IPC) is required. Administered by a CFII, examiner, or other approved person. Guidelines are in the ACS.
- Some IPC tasks, but not all, can be conducted in a FTD or ATD. (See ACS)

To meet recent instrument experience requirements, the following information must be recorded in the person's logbook:

- Location & type of each instrument approach accomplished, and
- The name of the safety pilot, if required.

Airplane IFR Quick-Review | Page 1 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

## IFR Quick-Review Guide - Airplane

The IPC must cover these areas of operation:	IFR Recency Timeline				
<ul> <li>Air traffic control clearances and procedures.</li> </ul>	Looking back 6 calendar months	No "6 HITS" / IPC / the checkride			
<ul> <li>Flight by reference to instruments.</li> </ul>	from the month of the flight: Performed "6 HITS" or had an IPC	in the previous 6 calendar months? After 6 cal. You have 6 additional calendar months			
<ul> <li>Navigation systems.</li> </ul>	or the Instrument checkride (In an appropriate aircraft for the	You have 6 additional calendar months to perform & log "6 HITS" in simulated IMC w\ safety an IPC is			
<ul> <li>Instrument approach procedures.</li> </ul>	instrument rating to be exercised)	pilot or in a FFS, FTD, or ATD. the only			
<ul> <li>Emergency operations, and</li> </ul>	IFR Current!	NOT Current (grace period)     way to     reestablish			
<ul> <li>Post-flight procedures.</li> </ul>					
IFR recency of experience exemptions	12 Calendar Months				

A PIC who is actively employed by a part 121 or 135 operator is exempt from the IFR recency of experience requirements of part 61.57 when operating under part 91, 121 or 135 (as applicable) for that operator as long as he complies with recency of experience requirements applicable for that operation. For example, a part 121 airline pilot does not need to log "6 HITS" to operate under part 91 or 121 for that airline

as long as he is an active pilot with the company and current with that airline's FAA approved training schedule. However, he is not IFR current for flying outside the airline unless he also complies with the 6 HITS within 6 months rule.

## USE OF FULL FLIGHT SIM, FTD, OR ATD FOR ACQUIRING INSTRUMENT AERONAUTICAL EXPERIENCE (§61.51)

- For training towards a certificate or rating, an authorized instructor is present to observe and signs the person's logbook to verify the time and content of the session.
- For IFR recency requirements, log:

> Training device, time and content.

(§61.51, §61.56, §61.57, §91.109, Instrument- Airplane ACS)

## LOGGING INSTRUMENT APPROACH PROCEDURES - REQUIREMENTS

- 1. You must operate the aircraft, FFS, ATD or FTD **solely by reference to instruments**. §61.51(g)(1)
- ▷ A flight instructor may log an IAP conducted by the student in actual IMC. (See FAA letter to Levy, 2008)
- 2. Be established on each required segment of the IAP down to its published minimums (MDA or DA).
  - > The Initial (starting at the IAF), Intermediate and Final approach segments are required for logging the approach, unless:
  - ▷ When radar vectored to final by ATC. (In simulated IMC, vectors from the safety pilot are also accepted).
- 3. If conducted in simulated IMC in an aircraft, or in a FFS, ATD or FTD, simulated conditions must continue down to MDA or DA.
- 4. In an aircraft, flight must be in actual or simulated IMC.
- 5. In an aircraft, if conditions change from actual IMC to VMC during the final approach segment, you can still log the approach.

(See FAA InFO 15012, 2015)

## PREFLIGHT SELF-ASSESSMENT - "IM SAFE"

- I Illness Do I have any symptoms?
- M Medication Have I taken prescription or over-the-counter drugs?
- S Stress Am I under psychological pressure, worried about finances, health or family discord?
- A Alcohol No drinking within 8 hours. ("8 hours bottle to throttle"). No more than .04% of alcohol in blood.
- **<u>F</u>** Fatigue Am I tired / adequately rested?
- **E** Emotion Am I emotionally upset?

(§91.17, AIM 8-1-1)

## RISK MANAGEMENT & PERSONAL MINIMUMS - "PAVE"

- P Pilot (general health, physical / mental / emotional state, proficiency, currency)
- <u>A</u> Aircraft (airworthiness, equipment, performance)
- <u>V</u> EnVironment (weather hazards, terrain, airports / runways to be used & other conditions)
- **<u>E</u> External pressure** (meetings, people waiting at destination, etc.)
- (Pilot's Handbook of Aeronautical Knowledge)

## DECISION MAKING - "DECIDE"

- <u>D</u> Detect that a change has occurred.
- E Estimate the need to counter the change.
- <u>C</u> Choose a desirable outcome.
- I Identify solutions.
- **D** Do the necessary actions.
- <u>E</u> Evaluate the effects of the actions

(Pilot's Handbook of Aeronautical Knowledge)

## PERSONAL DOCUMENTS REQUIRED FOR FLIGHT

- Pilot Certificate
- Medical certificate (or US Driver's license as permitted by §61.113 & §61.23)
- Authorized photo ID (passport, driver's license, etc)
- Restricted Radiotelephone Operator Permit (For flights outside the US)

## AIRCRAFT DOCUMENTS REQUIRED FOR FLIGHT - "ARROW"

- A Airworthiness certificate
- **<u>R</u>** Registration certificate
- **<u>R</u>** Radio station license (for flights outside the US)
- **O** Operating limitations & information (in AFM)
- <u>W</u> Weight & Balance data (aircraft specific)

(§21.5, §91.103, §91.9, §91.203, ICAO Article 29)

## AIRCRAFT MAINTENANCE INSPECTIONS REQUIRED FOR IFR - "AVIATES"

- <u>A</u> Airworthiness Directive (AD) required inspections. (§39)
- <u>V</u> VOR check every 30 days. (For IFR; §91.171)
- <u>I</u> Inspections: (§91.409)
  - Annual inspection 12 Cal. Months (all aircraft).
  - ▷ <u>100-hour</u> (time-in-service) inspection required if:
    - Carrying a person for hire (other than crew member), or
    - □ **Flight instructing for hire** in an aircraft provided by the person giving the instruction.
    - "For hire" refers to the person, not the aircraft.
      - Flight school providing airplane + instructor for hire: 100-hours required
      - <u>Student-owned aircraft</u>: 100-hours not required.
      - Rental (no pilot or instructor): 100-hr not required.
    - The 100-hr inspection may be exceeded by up to 10 hours if aircraft is enroute to a place where it can be done. This additional time must be included in computing the next 100-hours inspection.
    - An annual inspection can substitute for the 100-hour if done within 100 hours of time-in-service.
  - A progressive inspection schedule, if specifically approved by the FAA, may replace the annual and 100 hour inspections.
- <u>A</u> Altimeter, automatic altitude reporting (used by transponder) & static system every 24 calendar months. (For IFR in controlled airspace; §91.411)
- <u>T</u> Transponder every 24 calendar months. (§91.413)
- <u>E</u> ELT (§91.207)
  - ▷ inspected every 12 calendar months.
  - Battery must be replaced after more than 1 hour of cumulative transmitter use or if 50% of its useful life has expired (or, for rechargeable batteries, 50% of the useful life of charge has expired).
- S Supplemental Type Certificate (STC) required inspections.

## BRIEFINGS

PASSENGER BRIEFING - "SAFETY"

## ■ <u>S</u>

- Seat belts fastened for taxi, takeoff, landing.
- Shoulder harness fastened for takeoff, landing.
- > Seat position adjusted and locked in place

## ■ <u>A</u>

- ▷ Air vents location and operation
- > All environmental controls (discussed)
- > Action in case of any passenger discomfort

## • <u>F</u>

Fire extinguisher (location and operation)

## ■ <u>E</u>

- Exit doors (how to secure; how to open)
- ▷ Emergency evacuation plan
- Emergency/survival kit (location and contents)

## • <u>T</u>

- > Traffic (scanning, spotting, notifying pilot)
- > Talking, sterile flight deck expectations
- <u>Y</u>
  - > Your questions? Speak up!

(Pilot's Handbook of Aeronautical Knowledge)

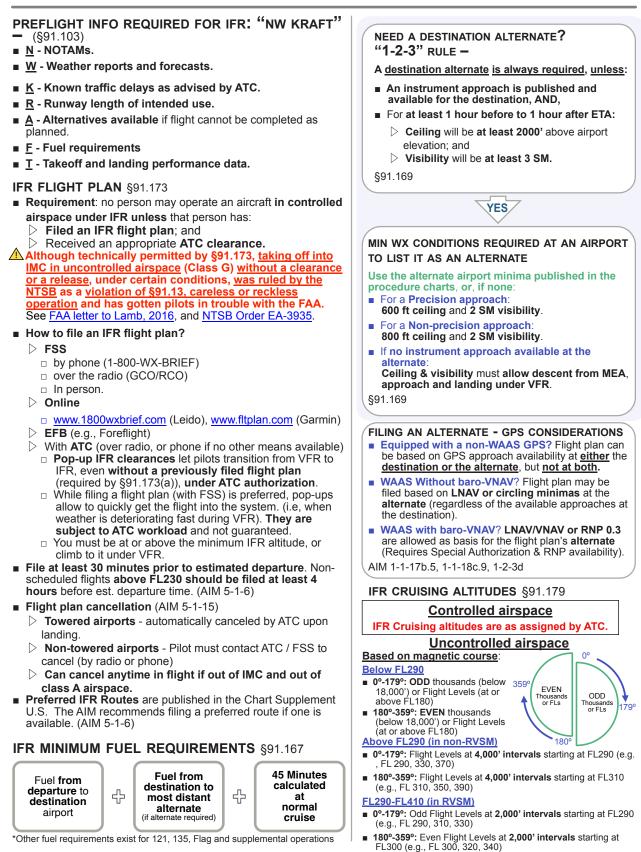
## TAXI BRIEFING - "ARCH"

- <u>A</u> Assigned / planned runway.
- <u>R</u> Route.
- <u>C</u> Crossings and hold short instructions.
- <u>H</u> Hot spots & Hazards (e.g., NOTAMs, closed taxiways/runways, surface condition).

## TAKEOFF BRIEFING - "DEPARTS"

- <u>D</u> Departure review (e.g. takeoff type, initial heading, first fix & course, clearance readout).
- <u>E</u> Establish <u>Expectations</u> (e.g., flying pilot, PIC, positive transfer of controls).
- <u>P</u> <u>Plan</u> / <u>special considerations</u> (e.g., weather, visibility, terrain, unfamiliar field, inoperative equipment / MELs).
- <u>A</u> Alternate (takeoff alternate, if needed, or return plan)
- R Runway conditions and length.
- <u>**T</u></u> <b>Trouble** / <u>**T**actics</u> (e.g., rejected takeoff, engine failure).</u>
- S Speak up! Questions / concerns?

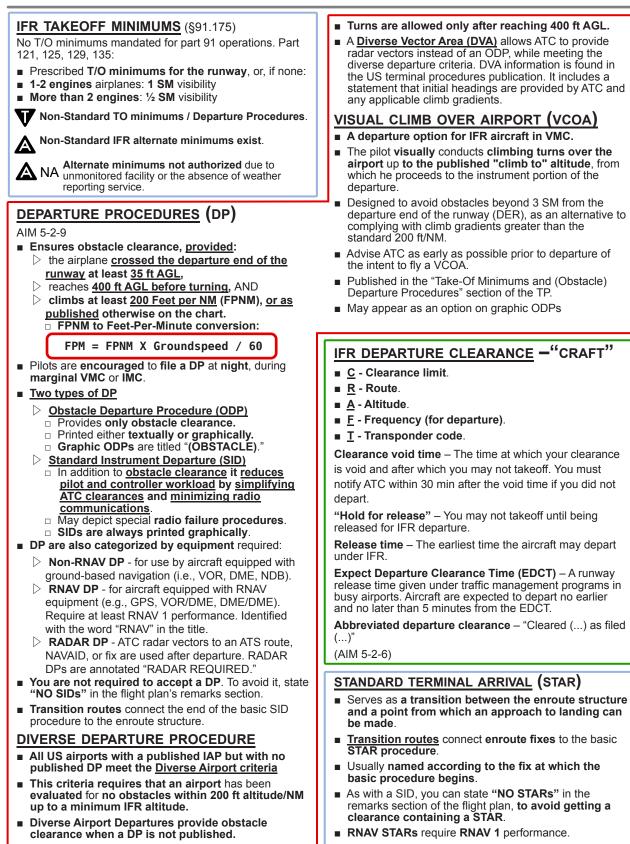
Airplane IFR Quick-Review | Page 3 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023



Airplane IFR Quick-Review | Page 4 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

## IFR Quick-Review Guide - Airplane





Airplane IFR Quick-Review | Page 5 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

## IFR ALTITUDES

## MIN IFR ALTITUDES (§91.177)

- Except for takeoff or landing, or otherwise authorized by the FAA, no person may operate an aircraft under IFR below -
  - > Minimum altitudes prescribed for the flown segment, or if none:
  - Mountainous areas: 2,000 ft above the highest obstacle within a horizontal distance of 4 NM from the course.
  - Non-mountainous areas: 1,000 ft above the highest obstacle within 4 NM from the course.

## IFR ALTITUDES - DEFINITIONS (§91.177, Pilot/Controller Glossary)

- DA / H Decision Altitude / Height: the <u>Altitude</u> (MSL) / <u>Height</u> (above runway threshold), on a vertically guided instrument approach procedure (ILS, LNAV/VNAV, LPV, etc) at which the pilot must decide whether to continue the approach or to go around.
- MAA Maximum Authorized Altitude. Annotated "MAA-17000" (17,000ft as an example) on IFR charts.
- MCA Minimum Crossing Altitude. The lowest altitude at certain fixes that an airplane must cross when flying in the direction of a higher MEA.
- MDA / H Minimum Descent Altitude / Height: The lowest Altitude (MSL) / Height (above runway threshold) to which descent is authorized on a non-precision approach until the pilot sees the visual references required for landing.
- MEA Minimum Enroute Altitude: The lowest published altitude between radio fixes which assures <u>acceptable</u> <u>navigational signal coverage</u> and meets <u>obstacle clearance</u> requirements. An MEA gap establishes an area of loss in navigational coverage and annotated "MEA GAP" on IFR charts.
- MOCA Minimum Obstruction Clearance Altitude: Provides obstacle clearance and navigation coverage only up to 22 NM of the VOR.
  - If both an MEA and a MOCA are prescribed for a particular route segment, a person may operate an aircraft lower than the MEA down to, but not below the MOCA, provided the applicable navigation signals are available. For aircraft using VOR for navigation, this applies only when the aircraft is within 22 NM of the VOR. (§91.177)
- **MORA** Minimum Off Route Altitude (Jeppesen):
  - Route MORA provides obstruction clearance within 10NM to either side of airway centerlines and within a 10NM radius at the ends of airways.
- **Grid MORA** provide obstruction clearance within a latitude / longitude grid block.
- MRA Minimum Reception Altitude. The lowest altitude on an airway segment where intersection can be determined using radio navigational aids.
- MTA Minimum Turning Altitude: Provides vertical and lateral obstacle clearance in turns over certain fixes. Annotated with the MCA X icon and a note describing the restriction.
- MVA Minimum Vectoring Altitude: The lowest altitude at which an IFR aircraft will be vectored by a radar controller, except as otherwise authorized for radar approaches, departures, and missed approaches. MVAs may be lower than the minimum altitudes depicted on aeronautical charts, such as MEAs or MOCAs.
- OROCA Off Route Obstruction Clearance Altitude: Provides obstruction clearance with a 1,000 ft buffer in nonmountainous terrain areas and 2,000 ft in mountainous areas. OROCA may not provide navigation or communication signal coverage.

\*Designated mountainous areas are defined in 14 CFR part 95 by lat / long coordinates.



## CRUISE CLEARANCE (Pilot/Controller Glossary)

A "cruise clearance," can be issued by ATC to allocates a block of airspace to the flight. This airspace begins at the minimum IFR altitude and extends to the altitude (including) specified in the clearance. Within this block, you are free to climb and descend. However, once you start descending and verbally report leaving an altitude, you may not return to it without additional ATC clearance.

A cruise clearance also allows you to begin an approach at the destination without receiving an additional "cleared for approach" clearance.

Example: "N12345 Cruise 6,000" (compare to "N12345 Maintain 6,000', where you have to stay at 6,000')

**BLOCK ALTITUDE** (Pilot/Controller Glossary)

A block of altitudes assigned by ATC to allow altitude deviations within it.

Example, "Maintain block altitude 9 to 11 thousand."

Airplane IFR Quick-Review | Page 6 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023



## FLIGHT INSTRUMENTS

## **GYROSCOPIC INSTRUMENTS**

## Two principles of a gyroscope:

- Rigidity in space, and
- precession.

## Attitude Indicator (AI)

Operates on the principle of **rigidity in space**. Shows **bank and pitch information**. Older Als may have a tumble limit. Should show correct attitude within 5 minutes of starting the engine. Normally vacuum-driven in GA aircraft, may be electrical in others. May have small acceleration/deceleration errors (accelerate-slight pitch up, decelerate- pitch down) and roll-out errors (following a 180 turn shows a slight turn to the opposite direction).

## Heading indicator (HI)

Operates on the principle of **rigidity in space**. It only reflects changes in heading, but cannot measure the heading directly. You have to calibrate it with a magnetic compass in order for it to indicate correctly. HIs may be slaved to a magnetic heading source, such as a flux gate, and sync automatically to the present heading. Normally powered by the vacuum system in on GA aircraft.

## Turn Indicators

Operates on the principle of precession.

- > Turn coordinators show rate-of-turn and rate of roll.
- > Turn-and-slip indicators show rate-of-turn only.

## **PITOT-STATIC INSTRUMENTS**

## Altimeter

- An <u>aneroid barometer</u> that shows the height above a given pressure level, based on standard pressure lapse rate of 1000' per inch of mercury.
- A stack of sealed aneroid wafers expand and contract with changes in atmospheric pressure received from the static port.
- A <u>mechanical linkage</u> between the aneroid and the display translates the sensed pressure to an altitude indication.
- An <u>altimeter setting knob</u> (on a "sensitive altimeter", which are most aircraft altimeters) allows the pilot to adjust the current pressure to the current altimeter setting published locally (available from ATIS, METAR or ATC).
- The pressure setting is displayed in the "Kollsman Window" in mb and/or inches of mercury (Hg)
- In the US, when operating below 18,000' MSL regularly set the altimeter to a station within 100 NM. Above 18,000' MSL, the altimeter should be set to the standard sea level pressure of 29.92" Hg, and operate in Flight Levels (FL).
- "<u>High to Low Watch out below!</u>". Use caution when flying from high pressure to low pressure areas. If altimeter setting is not updated, altitude will indicate higher, causing the pilot to fly lower than desired. Flying from <u>hot to cold</u> areas results in the same error.

## **Types of altitude**

- Indicated altitude Uncorrected altitude indicated on the dial when set to local pressure setting (QNH).
- Pressure altitude Altitude above the standard 29.92. Hg plane (QNE). Used when flying above the transition altitude (18,000' in the US)
- Density altitude Pressure alt. corrected for nonstandard temperature. Used for performance calculations.
- True altitude Actual altitude above Mean Sea Level (MSL).
- Absolute altitude Height above airport elevation (QFE).

## Vertical Speed Indicator (VSI)

- Indicates <u>rate-of-climb</u> in fpm (accurate after a 6-9 sec. lag), and <u>rate trend</u> (immediately with rate change).
- A diaphragm inside the instrument is connected directly to the static source.
- The area outside the diaphragm also receives static pressure, but via a calibrated leak (a restricted orifice).
- This configuration essentially responds to static pressure change over time.
- As the diaphragm expands or contracts, a mechanical linkage moves the pointer needle to display the current rate of climb to the pilot.
- Instantaneous VSI (IVSI) solves the lag issue with the addition of vertical accelerometers.

Airplane IFR Quick-Review | Page 7 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

## PITOT-STATIC INSTRUMENTS - CONTINUED

PilotsCafe.com

## **Airspeed Indicator (ASI)**

- The airspeed indicator measures the difference between impact (ram) air pressure from the pitot tube and ambient pressure from the static port. The result pressure is called dynamic pressure and corresponds to airspeed. ▷ Dynamic Pressure (airspeed) = Impact Pressure – Static pressure.
- A diaphragm in the instrument receives ram pressure from the pitot tube. The area outside the diaphragm is sealed and connected to the static port. A mechanical linkage converts the expansion and contraction of the diaphragm to airspeed shown on the display dial.

#### Types of speed

- Indicated airspeed (IAS) indicated on the airspeed indicator
- Calibrated airspeed (CAS) IAS corrected for instrument & position errors.
- Equivalent airspeed (EAS) CAS corrected for compressibility error.
- True airspeed (TAS) Actual speed through the air. EAS corrected for nonstandard temperature and pressure

Vx - Best angle of climb

Vy - Best rate of climb

- Mach number The ratio of TAS to the local speed of sound.
- Ground speed Actual speed over the ground. TAS corrected for wind conditions.

#### AIRSPEED INDICATOR MARKINGS

- White arc Flap operating range. Starts at Vs0; ends at Vfe
- Green arc Normal operating range.Starts at Vs1; ends at Vno
- Yellow arc Caution range. Fly only in smooth air and only with caution.
- Red line Vne

#### **V-SPEEDS**

- Va Design maneuvering speed
- <u>Vs</u> Stall speed, clean config.
- Vs0 Stall speed landing config.
- Vs1 Stall speed specific config.
- <u>Vfe</u> Max flap extended speed.
- <u>Vno</u> Max structural cruise speed
- Vne Never Exceed Speed

#### STATIC PORT BLOCKAGE

- Airspeed indicator Indicates correctly only at the blockage altitude.
  - $\triangleright$  Higher altitudes  $\rightarrow$  airspeed indicates lower than it should.
  - ▷ Lower altitudes → Indicates higher than it should.
- Altimeter will freeze on the altitude where it was blocked.
- VSI freezes on zero.
  - After verifying a blockage in the static port, you should use an alternate static source or break the VSI window (in which case, <u>expect reverse VSI</u> information).
- When using the <u>alternate static source</u>: (a lower static pressure is measured)
  - Airspeed indicator indicate a faster speed than it should.
  - Altimeter indicate higher than it should.
  - VSI momentarily show a climb.

#### PITOT TUBE BLOCKAGE

#### The only instrument affected is the airspeed indicator.

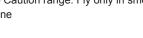
- Ram air inlet clogged and drain hole open? Airspeed drops to zero.
- Both air inlet and drain hole are clogged? The airspeed indicator will act as an altimeter, and will no longer be reliable.
- When suspecting a pitot blockage, consider the use of pitot heat to melt ice that may have formed in or on the pitot tube.

#### **GENERIC INSTRUMENT TAXI CHECK**

Airspeed – 0 KIAS.

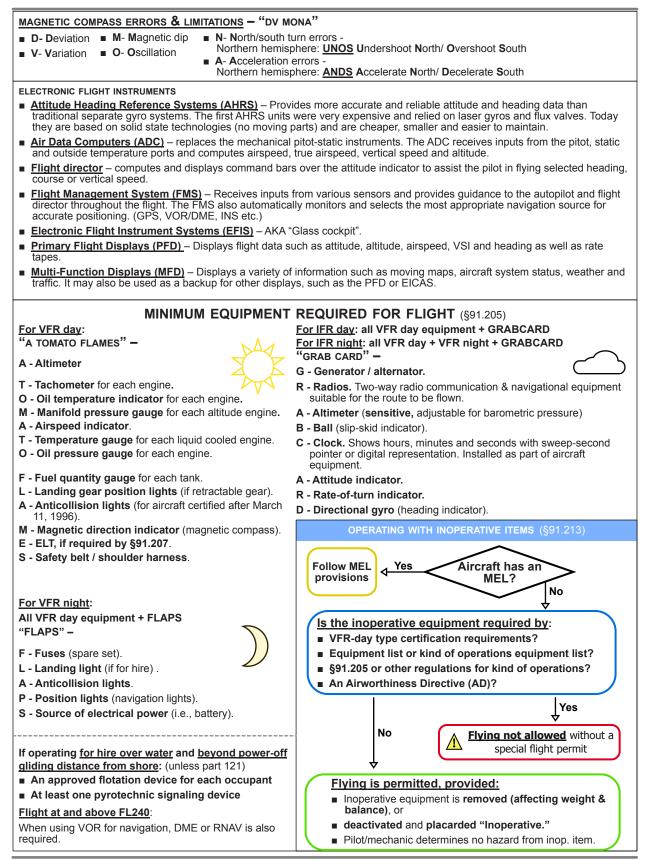
- VSI 0 fpm.
- Turn coordinator ball centered and wings level when not turning. On turns: shows turn in correct direction, ball goes to opposite direction of the turn.
- Attitude Correct pitch attitude and bank angle ±°5 within 5 minutes of engine start (if vacuum).
- Heading indicator Set and shows correct headings.
- <u>Altimeter</u> Set to local altimeter settings or to airport elevation
- (§91.121). Shows surveyed elevation ±75 ft (AIM 7-2-3).
- Magnetic compass swings freely, full of fluid, shows known headings and deviation card is installed. Marker beacons - Tested
- NAV & Comm Set.
- <u>GPS</u> Checked and set.
- EFIS cockpits Check PFD/MFD/EICAS for 'X's, messages, warnings and removed symbols.

Airplane IFR Quick-Review | Page 8 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023



## IFR Quick-Review Guide - Airplane



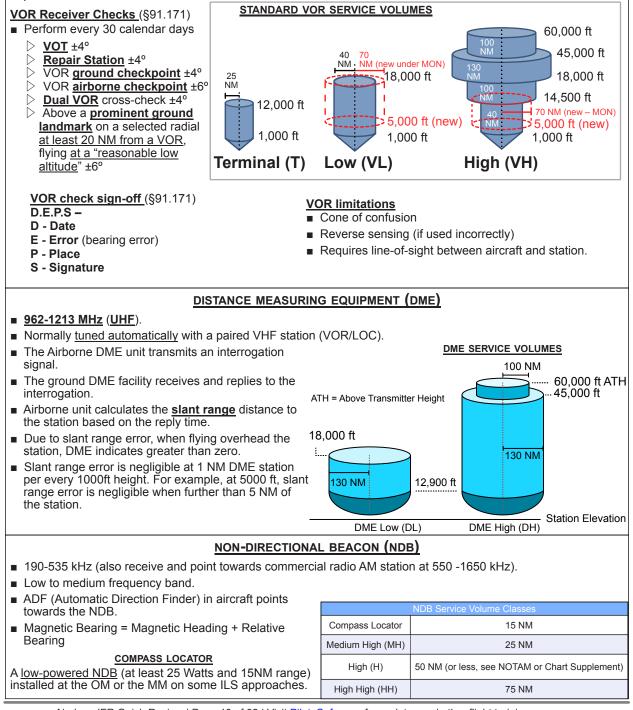


Airplane IFR Quick-Review | Page 9 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

## **RADIO NAVIGATION**

## VHF OMNI DIRECTIONAL RANGE (VOR)

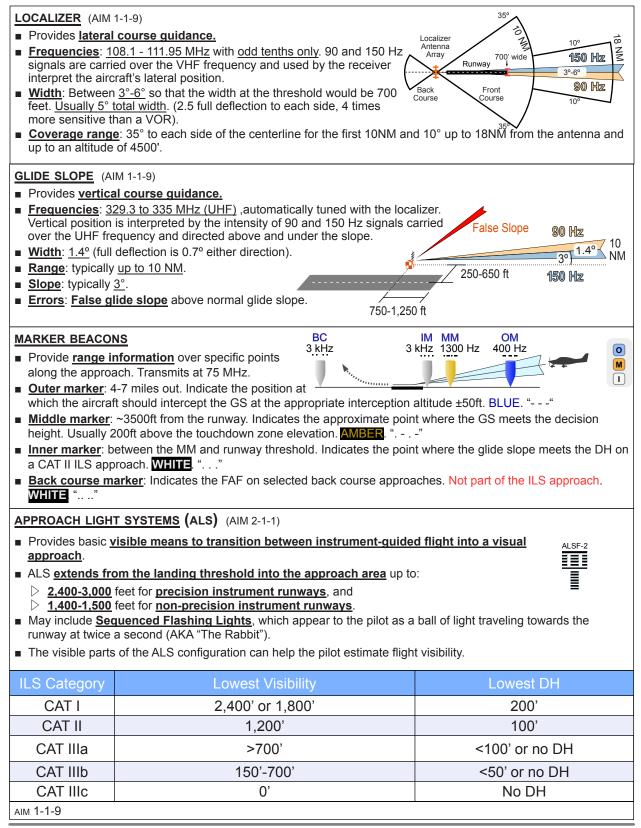
- 108.0 to 117.95 MHz, excluding 108.10-111.95 with odd tenths (reserved for LOC frequencies).
- Full scale deflection: 10°.
- Standard service volumes do not apply to published routes.
- Pilot must verify correct and usable VOR station with morse ID before using it.
- The VOR MON (VOR Minimum Operational Network) program ensures that as old VORs are decommissioned, a MON airport (i.e.,equipped with legacy ILS or VOR approach) is available within 100 NM regardless of aircraft position in the CONUS.



Airplane IFR Quick-Review | Page 10 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023



## INSTRUMENT LANDING SYSTEM (ILS)



Airplane IFR Quick-Review | Page 11 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

## AREA NAVIGATION (RNAV)

- Allows navigation on any desired path without the need to overfly ground-based facilities.
- Types:
  - Global Navigation Satellite System (**GNSS**) (e.g., **GPS**, Galileo, GLONASS, BeiDou)
  - VOR/DME ŘNAV
     DME/DME RNAV
- Inertial Reference Unit / System (IRU/ IRS)
- **RNAV VNAV Vertical NAV**igation guidance.
- BARO-VNAV An RNAV system that uses the barometric altitude to compute vertical guidance for the pilot.
- Published RNAV routes include Q (FL180 to FL450) and T (1,200 AGL to 18,000 MSL) routes and are designated RNAV 2 unless charted as RNAV 1.
- Magnetic Reference Bearing (MRB) the published bearing between two waypoints on an RNAV route.

## GLOBAL POSITIONING SYSTEM (GPS)

- GPS is a Global Navigation Satellite System (GNSS) operated by the United States.
- The constellation consists of a minimum of 24 satellites (with some spares) orbiting above the earth at 10,900 NM. The system is designed so that at least 5 satellites are in view at any given location on earth.
- The Aircraft's GPS receiver calculates the distance to a GPS satellite based on the time lapse since the broadcast timestamp (obtained from an atomic clock onboard the satellite) and the time it received the signal.
- Using only one satellite, the aircraft could virtually be on any point on a sphere surrounding the satellite, with the calculated distance ("pseudo-range") as the sphere's radius.
- The GPS receiver uses the intersection of spheres, from multiple satellites, to calculate the aircraft's geographical position. Course and speed data are computed from aircraft position changes.
- At least <u>3 satellites are required for 2D</u> position. (latitude and longitude); at least <u>4 satellites are required for 3D</u> position. (latitude, longitude and altitude).
- Receiver Autonomous Integrity Monitoring (RAIM) is a function of GPS receivers that monitors the integrity of the satellite signals.
  - RAIM (fault detection) requires a minimum of 5 satellites, or, 4 satellites + an altimeter input (baro-aided RAIM)
  - > To eliminate a corrupt satellite (fault exclusion), RAIM needs an additional satellite (total of 6 or 5 + baro-aid)
- A database loaded into the receiver unit contains navigational data such as: airports, navaids, routes, waypoints and instrument procedures.
- Airborne GPS units use great-circle navigation.
- <u>GPS CDI</u> deflection shows <u>distance</u>, unlike a VOR's CDI, which presents an <u>angular distance</u> off course in degrees.
- GPS can substitute ADF or DME, except for ADF substitution on NDB approaches without a GPS overlay ("or GPS" in title).
- Check GPS NOTAMS before the flight and use RAIM prediction if available on your receiver.
- <u>GPS Augmentation systems, or Differential GPS (DGPS)</u> Improves the accuracy of GPS by measuring errors received by reference stations at known geographical locations and then broadcasting those errors to supported GPS receivers.
  - **Satellite Based Augmentation System (SBAS)** 
    - □ Wide Area Augmentation System (WAAS) in the US; EGNOS in Europe.
    - Ground stations (Wide-area Reference Stations and Wide-area Master Stations) measure GPS errors and produce correction signals. These corrections are broadcasted back to the satellite segment from which they are bounced back to aircraft GPS WAAS receivers to improve accuracy, integrity and availability monitoring for GPS navigation.
    - □ Covers a wide area.
  - □ Facilitates APV approaches such as LPV and LNAV/VNAV and non-precision LP approaches.
  - Ground Based Augmentation System (GBAS)
    - Formerly named Local Area Augmentation System (LAAS) in the US. Now replaced with the ICAO term "GBAS."
    - $\hfill\square$  Errors are broadcasted via VHF to GBAS-enabled GPS receivers.
    - □ GBAS is more accurate than WAAS but covers a much smaller geographical area.
    - Allows for <u>category I</u> and above approaches to <u>GLS DA</u> minima.

Airplane IFR Quick-Review | Page 12 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023



REQUIRED NAVIGATION PERFORMANCE (RNP)
RNP is:
A statement of navigation equipment and service performance. RNAV with navigation monitoring and alerting.
All RNAV approaches are RNP approaches
Most US RNP approaches are titled "RNAV (GPS)".
US Approaches with <u>"RNAV (RNP)" in the title are "AR" (Authorization Required) approaches, which require special FAA approval for the crew, aircraft and operation.</u>
▷ In other countries, all RNP approaches may have "RNP" in the title, even those that do not require
special authorization.
RNP approach minima and equipment:
GLS DA minima using GBAS (formerly LAAS)
LP MDA or LPV DA minima require RNP achieved by WAAS.
LNAV / VNAV DA achieved by VNAV-approved WAAS, or BARO-VNAV systems.
LNAV MDA - achieved by a basic, unaugmented IFR-approved GPS.
UNDERSTANDING THE DIFFERENCE BETWEEN RNAV, GNSS, GPS, PBN AND RNP
<u>Area Navigation (RNAV)</u>
<ul> <li>RNAV is a system that enables navigation between any two points without the need to overfly ground-based stations.</li> <li><b>GNSS</b> is a broad term for satellite-based RNAV systems.</li> </ul>
GPS is the GNSS operated by the USA. Other examples are GLONASS by Russia and Galileo by the EU.
Performance Based Navigation (PBN)
> PBN is a general basis for navigation equipment standards, in terms of accuracy, integrity, continuity, availability and
functionality for specific operation contexts (e.g., final approach, enroute, missed approach).  Required Navigation Performance (RNP)
RNP is a specific statement of PBN for the flight segment and aircraft capability.
RNP is also defined as RNAV + navigation monitoring and alerting functionality.
Receiver Autonomous Integrity Monitoring (RAIM) or built-in monitoring in WAAS provide this capability.
▷ Enroute – RNP 2.0 (2 NM accuracy 95% of the flight time)
<ul> <li>Enroute – RNP 2.0 (2 NM accuracy 95% of the flight time)</li> <li>Terminal &amp; Departure – RNP 1.0 (1 NM accuracy 95% of the flight time)</li> </ul>
▷ Enroute – RNP 2.0 (2 NM accuracy 95% of the flight time)
<ul> <li>Enroute – RNP 2.0 (2 NM accuracy 95% of the flight time)</li> <li>Terminal &amp; Departure – RNP 1.0 (1 NM accuracy 95% of the flight time)</li> <li>Final Approach – RNP 0.3 (0.3 NM accuracy 95% of flight time)</li> <li>Advanced RNP (A-RNP) - a higher RNP standard mandatory for RNP AR, that require capability for: (AIM 1-2-2)</li> </ul>
<ul> <li>Enroute – RNP 2.0 (2 NM accuracy 95% of the flight time)</li> <li>Terminal &amp; Departure – RNP 1.0 (1 NM accuracy 95% of the flight time)</li> <li>Final Approach – RNP 0.3 (0.3 NM accuracy 95% of flight time)</li> <li>Advanced RNP (A-RNP) - a higher RNP standard mandatory for RNP AR, that require capability for: (AIM 1-2-2)</li> <li>Radius-to-Fix (RF) legs</li> </ul>
<ul> <li>Enroute – RNP 2.0 (2 NM accuracy 95% of the flight time)</li> <li>Terminal &amp; Departure – RNP 1.0 (1 NM accuracy 95% of the flight time)</li> <li>Final Approach – RNP 0.3 (0.3 NM accuracy 95% of flight time)</li> <li>Advanced RNP (A-RNP) - a higher RNP standard mandatory for RNP AR, that require capability for: (AIM 1-2-2)</li> </ul>

## ATTITUDE INSTRUMENT FLYING

Cross Check     Instrument interpretation     Aircraft Control     Fixation     Omission     Emphasis	Basic attitude instrument flying skills:			Common Er	rors:	
	Cross Check     Instrument interpretation	<ul> <li>Aircraft Control</li> </ul>	J	<ul> <li>Fixation</li> </ul>	<ul> <li>Omission</li> </ul>	Emphasis

## <u>Control & Performance Method</u> – Divides the cockpit panel by <u>control instruments</u> and <u>performance instruments</u>. First, set the power and attitude, then monitor the performance and make adjustments.

**Control instruments** 

- Dever Tachometer, Manifold pressure, EPR, N1, etc.
- Attitude Attitude Indicator
- Performance Instruments
   Pitch: altimeter, airspeed and VSI
- Bank: Heading Indicator, Turn Coordinator, and magnetic compass
- Primary & Supporting Method Divides the cockpit panel by Pitch, Bank, and Power instruments.
  - ▷ **Pitch instruments**: Attitude Indicator, Altimeter, Airspeed Ind., and VSI.
  - **Bank instruments**: Attitude ind., Heading ind., Mag. Compass, and Turn Coordinator.
  - Power instruments: Airspeed, Tachometer, Manifold pressure
  - ▷ For a specific maneuver, primary instruments provide the most essential information for pitch, bank and power while supporting Instruments back up and supplement the information presented by the primary instruments.
  - ▷ Example, for a constant rate climb with a standard rate turn –
  - Derimary: Pitch VSI; Bank Turn Coordinator; Power RPM / MP
  - D Secondary: Pitch ASI; attitude, Bank AI, HI, Mag. Compass; Power ASI



## **REQUIRED REPORTS UNDER IFR**

"MARVELOUS VFR C500" -

(AIM 5-3-3, §91.183, §91.187)

- Missed approach
- <u>Airspeed ±10 kts / 5%</u> change of filed TAS (whichever is greater)
- <u>Reaching a holding fix (report time & altitude)</u>
- <u>VFR on top</u> when an altitude change will be made.
- ETA changed ±2 min, or ±3 min in North Atlantic (NAT) \*
- Leaving a holding fix/point
- Outer marker (or fix used in lieu of it) \*
- Unforecasted weather (§91.183)
- <u>Safety of flight</u> (any other information related to safety of flight, §91.183)
- <u>Vacating an altitude / FL</u>
- <u>F</u>inal Approach fix \*
- <u>Radio/Nav/approach equipment failure (§91.187)</u>
- <u>Compulsory reporting points</u> ▲ \* (§91.183)
- 500 unable climb/descent 500 fpm

\* **Required only in non-radar environments** (including ATC radar failure)

## HOLDING PATTERNS

(AIM 5-3-8)

 ATC may assign holding instructions to delay or separate traffic in the air for reasons such as weather or airport closures.

#### Non-charted holding clearance items:

- **Direction** of hold from the fix (e.g., N, W, S, NE)
- ▷ Holding Fix
- Radial, course, airway, or route on which to hold.
- Leg length in <u>miles</u> (if DME or RNAV) or <u>minutes</u> otherwise.
- Direction of turns (<u>if left</u>). Otherwise, right turns are standard.
- Expect Further Clearance (EFC) time

## Charted holding clearance items

- ▷ Holding Fix
- Direction of hold from fix (e.g., N, W, S,
- E)
- ▷ EFC
- Start speed reduction 3 minutes before reaching the hold fix.
- Actions at hold fix and each turn point
  - 5 Ts
  - ▷ Turn
  - Dime 7
  - Twist
  - ▷ Throttle
  - ▷ Talk

## MAKE ALL HOLD TURNS

- 3° per second, or
- 30° bank angle, or
- 25° bank angle if using a Flight Director
- \*Whichever uses the least bank angle

## POSITION REPORT ITEMS REQUIRED IN NON-RADAR ENVIRONMENT

"A PTA TEN R" -

(§91.183, AIM 5-3-2)

- <u>A</u>ircraft ID.
- Position.
- <u>T</u>ime.
- <u>A</u>ltitude.
- **Type of flight plan** (except when communicating with ARTCC / Approach control).
- ETA and name of next reporting fix.
- <u>Name only of the next succeeding point</u> along the route of flight.
- Any pertinent **remarks**.

## HOLDING PATTERN TIMING

- Start timing outbound abeam/over the fix (whichever is later). Or, if the abeam point cannot be determined, start the time at the completion of the outbound turn.
- Adjust the outbound leg so the inbound leg takes:
  - > At or below 14,000' MSL 1 minute
  - ▷ Above 14,000' MSL 1.5 minutes
  - DME/GPS holds fly the outbound leg to the specified distance from the fix/waypoint.

## HOLDING SPEEDS

 May be restricted to 175 kts on some instrument approach procedures

ALTITUDE (MSL)	MAX AIRSPEED (KTS)
6,000' or below	200 kts
6001 - 14,000	230 kts
14,001 and above	265 kts
Air Force fields	310 kts *
Navy Fields	230 kts *

\* Unless published otherwise.

## HOLDING ENTRY

**Direct** - Upon crossing the fix turn to follow the holding pattern

**Parallel** - Upon crossing the fix, turn to a heading parallel to the holding course outbound for 1 minute. Then turn into the hold pattern to intercept the inbound course.

**Teardrop** - Upon crossing the fix, turn outbound to a heading 30° into the pattern. Fly it for 1 minute, then turn in the direction of the hold turns to intercept the inbound course.

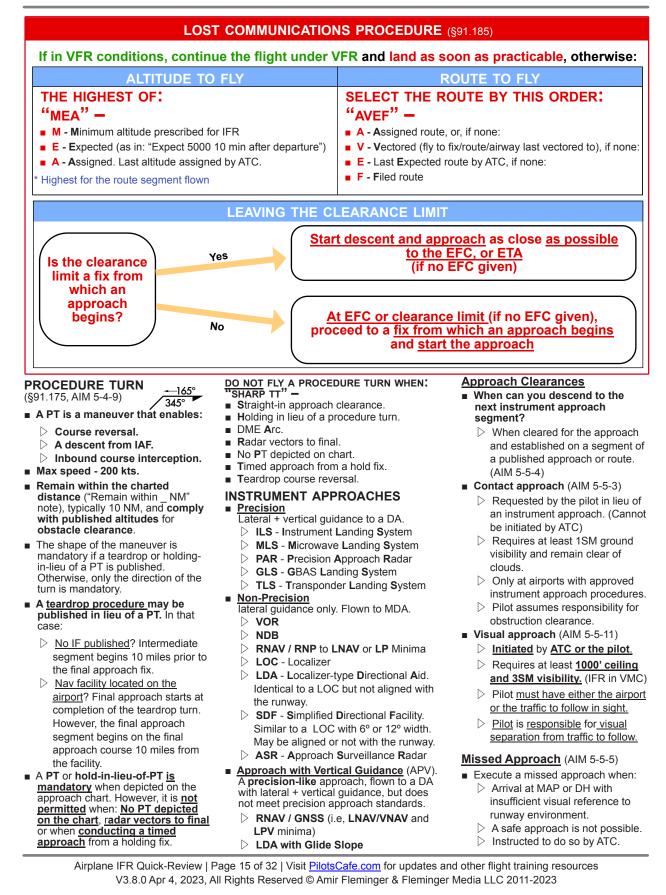
#### AT THE HOLD FIX, REPORT TO ATC:

<callsign> Over <place><altitude> at <time>"

Airplane IFR Quick-Review | Page 14 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

Teardrop





When can you descend below MDA / DA? (§91.175)							
1. The aircraft is <u>continuously in a position</u> from which <u>a descenter of descent using normal maneuvers</u> .	ent to a landing on the intended runway can be made at a						
2. The <b>flight visibility</b> (or the enhanced flight visibility, if equipped) is <b>not less than the visibility prescribed in the standard instrument approach</b> being used.							
3. <u>At least one</u> of the following <u>visual references</u> for the intender (except for CAT II & III approaches)	ed runway is <b>distinctly visible and identifiable to the pilot</b> :						
<ul> <li>The approach light system, except that the pilot may not using the approach lights as a reference unless the red visible and identifiable.</li> </ul>	descend below 100 feet above the touchdown zone elevation terminating bars or the red side row bars are also distinctly						
ii. The <b>threshold</b> .							
iii. The threshold markings.							
iv. The <b>threshold lights</b> .							
v. The runway end identifier lights.							
vi. The visual glideslope indicator.							
vii. The touchdown zone or touchdown zone markings.							
viii. The touchdown zone lights.							
ix. The <b>runway</b> or <b>runway markings</b> .							
x. The <b>runway lights</b> .							
VISUAL DESCENT POINT (VDP) (AIM 5-4-5) ■ A defined point on the final approach course of a non-precision from the MDA to the runway touchdown point may begin,	on straight-in approach procedure from which normal descent provided adequate visual reference is established.						
Identified by a 'V' symbol on the descent profile.							
If not equipped to identify the VDP, fly the approach as if no VI	DP was published.						
Do not descend below the MDA prior to reaching the VDP.							
<u>Calculate VDP</u> , when not published: <u>By distance</u> : VDP (in NM from threshold) = MDH / 300							
Example: Given MDH is 600 ft, how far is the VDP from the threshold?							
VDP = 600 / 300 = 2 NM							
Start the descent 2 NM from the threshold.           By time: MDH / 10 = seconds to subtract from time between FAF and MAP							
<b>Example</b> : Given MDH is 500 ft, FAF to MAP is 4:00, when would you be over the VDP and start the descent from MDA/H?							
500 / 10 = 50 seconds. 4:00 - 0:50 = $3:10$							
Start the descent at 3:10 (time from FAF)							
. ,							
<ul> <li>VERTICAL DESCENT ANGLE (VDA) (AIM 5-4-5)</li> <li>■ A computed glide path from the FAF to the runway's TCH published for non-precision approaches. Typically 3°.</li> </ul>							
FAA policy is to publish a VDA/TCH on all non-precision appro	aches except those published in conjunction with vertically						
guided minimums (i.e., ILS or LOC RWY XX) or no FAF proce	dures without a stepdown fix (i.e., on-airport VOR or NDB). A the visual segment. The presence of a VDA does not change						
any non-precision approach requirements.	The visual segment. The presence of a VDA does not change						
VDAs are <u>advisory only</u> , pilots must still <u>comply with all pub</u>	lished altitudes on the procedure.						
	Other Glide Path Angles						
	Descent gradient (%) = tan(descent angle) X 100						
VS (fpm) = Ground Speed X (10 / 2), or VS (fpm) = Ground Speed X 5	Descent angle Gradient (%) = tan(angle)						
<b>Example</b> : 120 kts X (10 / 2) = 120 kts X 5 = 600 fpm	<b>2º</b> 3.5%						
How Far to Start a Descent for a 3° Glide Path?	<b>3°</b> 5.2%						
TOD = Altitude to lose (ft) / 300	<b>4º</b> 7%						
Example, on approach	<b>5°</b> 8.7%						
800 ft to lose MDA to TCH:							
800/300 = 2.67 NM	VS (fpm) = Groundspeed X Descent Gradient (%) TOD = Altitude to lose / (glidepath angle *100)						
Start descent 2.67 NM from the runway threshold.							
Example	Example At FL350, ATC:"cross LGA OR at FL240", pilot elects a steep						
Cruising at FL350, ATC: "cross LGA VOR at FL240":	4° slope, 380 kts GS:						
Altitude to lose = 35,000 - 24,000 = 11,000 ft 11000/300 = <u>36.67 NM</u>	t VS = $380 \times 7 = 2660 \text{ fpm}$ TOD = $11000 / 400 = 27.5 \text{ NM}$						
<u>Start descent 36.67 NM from LGA VOR</u>	Start the descent 27.5NM from LGA at 2800 fpm						

Airplane IFR Quick-Review | Page 16 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023



## AIRSPACE

#### Class A (AIM 3-2-2)

- Controlled airspace from 18,000' MSL to FL600 within the 48 contiguous states and Alaska. Includes the airspace within 12 NM of the shoreline as well as designated international airspace beyond the 12 NM distance.
- IFR only unless otherwise authorized.

## Class B (AIM 3-2-3, §91.131)

- Controlled airspace surrounding the nation's busiest airports.
- Usually extends from the surface up to 10,000' MSL.
- The shape of each class B is specifically tailored for its environment.
- Consist of a surface area and two or more layers (resembling an upside-down wedding cake).
- Requires two-way radio communications.
- ATC separates both VFR and IFR traffic.
- Requires ATC clearance to enter. VFR pilots must make sure they hear a clearance to "Enter Class B". IFR pilots will typically already have this clearance as part of their ATC clearance picked up before or after takeoff.
- A Mode-C transponder and ADS-B Out equipment are required within a 30 NM radius (the "Mode-C Veil").

#### Class C (AIM 3-2-4)

- Controlled airspace around towered airports with certain number of IFR operations or passenger volume.
- Typical inner area is a 5 NM radius surrounding its primary airport, extending up to 4,000' above airport height.
- A 10 NM radius shelf area typically extends from no lower than 1,200' up to 4,000' above airport height.
- A non-charted outer area extends up to 20 NM from the primary airport.
- ATC Provides VFR/ IFR traffic separation in the outer area if two-

- way radio communication is established and in the Class C airspace itself.
- Requires two-way radio communication, a Mode-C transponder and ADS-B Out equipment.

#### Class D (AIM 3-2-5)

- Controlled airspace extending from the surface to 2,500' above airport height.
- Usually shaped as a cylinder with a 4 NM radius from the primary airport.
- Requires two-way radio communication.

#### Class E (AIM 3-2-6)

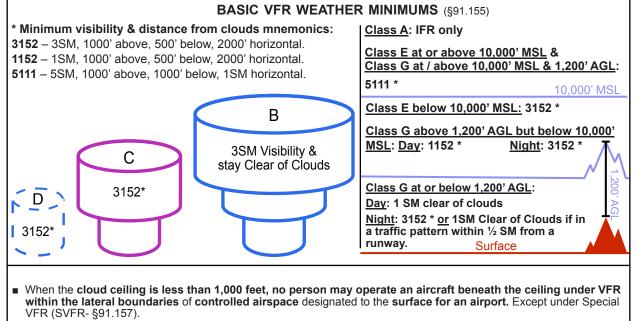
- Controlled airspace not designated as A, B, C, or D.
- May or may not be associated with an airport.
- Requires Mode-C transponder and ADS-B Out equipment at and above 10,000' MSL within the 48 contiguous states and D.C, excluding at or below 2,500' AGL.
- Requires ADS-B Out at and above 3,000' MSL over the Gulf of Mexico from the U.S. coast out to 12 NM.

#### Functions of Class E:

- ▷ Surface area designated for an airport.
- Extension to a surface area of Class B, C, or D.
- Transition area. Begins at 700' or 1200' AGL used to transition to/from a terminal or en-route environment.
- ▷ En-route domestic areas
- ▷ Federal Airways / Low Altitude RNAV Routes
- Offshore Airspace Areas

#### Class G (AIM 3-3)

 Uncontrolled airspace. Class G airspace is generally any airspace that has not been designated as Class A, B, C, D, or E.



- Minimum ground visibility for landing, takeoff, or entering a traffic pattern at an airport within the lateral boundaries of Class B, C, D, or E surface areas is 3 SM. If ground visibility is not reported, use flight visibility. (Except under Special VFR, §91.157).
- For the purpose of §91.155, an aircraft operating at the base altitude of a Class E airspace area is considered to be within the airspace directly below that area.

Airplane IFR Quick-Review | Page 17 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

## SPECIAL USE AIRSPACE

#### Prohibited Areas (§91.133, AIM 3-4-2)

- Flight is prohibited unless permission is granted by the using or controlling agency, as appropriate.
- Prohibited airspace exists due to security or other reasons associated with the national welfare.
- Example: Prohibited airspace P-56A over the White House.
- Restricted Areas (§91.133, AIM 3-4-3)
- Flight is not completely prohibited, but is subject to restrictions due to hazards to aircraft such as artillery firing, aerial gunnery, or guided missiles.
- No person may operate an aircraft within a restricted area contrary to the restrictions imposed, unless that person has the permission of the using or controlling agency.
- If the restricted airspace is not active and has been released to the controlling agency (FAA), ATC will allow the aircraft to operate in the restricted airspace without a specific clearance to do so.
- If the restricted airspace is active, and has not been released to the controlling agency (FAA), ATC will issue a clearance which will ensure the aircraft avoids the restricted airspace unless it is on an approved altitude reservation mission or has obtained its own permission to operate in the airspace and so informs the controlling agency.

#### Warning Areas (AIM 3-4-4)

- Extends 3 NM outward from the coast of the U.S.
- Contains activity that may be hazardous to aircraft.
- The purpose of warning areas is to warn nonparticipating aircraft of the potential hazard.
- May be located on domestic or international water, or both.

#### Military Operating Areas (MOA) (AIM 3-4-5)

- Established for the purpose of separating certain military training activities from IFR traffic.
- When a MOA is in use, nonparticipating IFR aircraft may be cleared through it if IFR separation can be provided. Otherwise, ATC will reroute or restrict the traffic.
- Example activities in an MOA: air combat tactics, air intercepts, aerobatics, formation training, and low-altitude tactics.
- Pilots operating under VFR should exercise extreme caution when operating within an active MOA. Therefore, pilots should contact any FSS within 100 miles of the area to obtain accurate real-time information concerning the MOA hours of operation. Prior to entering an active MOA, pilots should contact the controlling agency for traffic advisories.

#### Alert Areas (AIM 3-4-6)

- Depicted on charts to inform pilots of high volume of pilot training or an unusual type of aerial activity.
- Pilots transitioning the area are equally responsible for collision avoidance.

#### Controlled Firing Areas (AIM 3-4-7)

- Contain activities that, if not conducted in a controlled environment, may be hazardous to nonparticipating aircraft.
- Activities are suspended immediately when a spotter aircraft, radar or ground lookout positions indicate an aircraft might be approaching the area.
- CFAs are not charted because they do not cause a nonparticipating aircraft to change its flight path.

#### Military Training Routes (MTR) (AIM 3-5-2)

- IFR MTRs (IR) are typically above 1,500' AGL, while VFR MTRs (VR) are below 1,500' AGL.
- Generally, MTRs are established below 10,000 ft at speeds in excess of 250 knots. However, route segments may exist at higher altitudes.
- Route identification
  - MTRs with no segments above 1,500' AGL are identified by 4 digits; e.g., IR1206, VR1207.
  - MTRs that include one or more segments above 1,500' AGL are identified by three digits; e.g., IR206, VR207.

### Air Defense Identification Zone (ADIZ) (AIM 5-6)

- An area of airspace over land or water, in which the ready identification, location, and control of all aircraft (except DoD and law enforcement aircraft) is required in the interest of national security.
- Requirements to operate within an ADIZ:
  - > An operable Transponder with altitude encoding.
  - > Two-way radio communication with the appropriate aeronautical facility.
  - File an IFR or Defense VFR (DVFR) Flight Plan.
  - Depart within 5 minutes of flight plan's estimated departure time (exempt in Alaska info facility exists for filing, file immediately after departure or when within range of an appropriate facility).

## Temporary Flight Restrictions (TFR) (AIM 3-5-3)

- Defined in Flight Data Center (FDC) NOTAMs
- TFR NOTAMs begin with the phrase: "FLIGHT RESTRICTIONS."
- Current TFRs are found at: www.tfr.faa.gov.
- Some reasons the FAA may establish a TFR:
  - Protect persons or property in the air or on the surface from hazards by low flying aircraft.
  - Provide a safe environment for disaster relief aircraft.
  - Prevent an unsafe congestion of sightseeing aircraft around an event of high public interest.
  - Protect declared national disasters for humanitarian reasons in the State of Hawaii.
  - Protect the President, Vice President, or other public figures.
  - Provide a safe environment for space agency operations.

#### Special Flight Rules Area (SFRA) (AIM 3-5-7)

- An airspace of defined dimensions above land areas or territorial waters, where special air traffic rules have been established for.
- Each person operating in a SATR (Special Air Traffic Rules) or SFRA must adhere to the special air traffic rules in 14 CFR Part 93, unless otherwise authorized or required by ATC.
- Example: The Washington DC Metropolitan SFRA.

Airplane IFR Quick-Review | Page 18 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023



## MAX AIRCRAFT AIRSPEEDS IN THE U.S. (§91.117)

- Mach 1.0 (speed of sound): above 10,000' MSL. (§91.817)
- 250 kts: below 10,000' MSL.
- 200 kts: under Class B, or within a VFR corridor through Class B.
- 200 kts: at or below 2,500' within 4 NM of the primary airport of a Class C or D airspace.
- If the aircraft minimum safe airspeed for any particular operation is greater than the max speed prescribed above, the aircraft may be operated at that minimum speed.

## WEATHER

## WEATHER INFORMATION SOURCES

- Flight Service Station (FSS)
- NOAA's Aviation Weather Center Website <u>https://www.aviationweather.gov/</u>
- Flight planning websites such as <u>www.1800wxbrief.com</u> and <u>www.fltplan.com</u>
- EFB software (i.e., ForeFlight, Jeppesen FlightDeck Pro)
- <u>Transcribed Weather Broadcast (TWEB)</u> <u>Available in</u> <u>Alaska only</u>. A recorded broadcast over selected L/MF and VOR facilities of weather information for the local area.
- Flight Information Services-Broadcast (FIS-B) A ground information data link service, provided through the <u>ADS-B</u> service network over 978 UAT MHz. Provides aviation weather and aeronautical information on cockpit displays. Some information available on FIS-B:
  - METAR, TAF, NEXRAD, AIRMET, SIGMETs and convective SIGMETs
  - FTR, Special Use Airspace updates and NOTAMs (FDC and distant)
  - ▷ PIREPs
- Automatic Terminal Information Service (ATIS) A continuous broadcast of local airport weather and NOTAMs. Updated hourly, normally at 55 minutes past the hour. Special updates issued outside the regular hourly cycle when needed. ATIS is published over the radio and, in locations with D-ATIS, via data link (ACARS).
- <u>Automated Surface Observation System (ASOS)</u> Typically update hourly
- <u>Automated Weather Observation System (AWOS)</u>
   Update every minute
- ATC Center weather advisories are issued by ARTCC to alert pilots of existing or anticipated adverse weather conditions. ARTCC will also broadcast severe forecast alerts (AWW), convective SIGMETs and SIGMETs on all of its frequencies except for the emergency frequency (121.5 MHz).
- Onboard weather radar
- Onboard lightning detector
- XM Satellite weather service
- ACARS

## TYPES OF WEATHER BRIEFINGS

- <u>Standard</u> A full briefing. Includes: adverse conditions, VFR not recommended, synopsis, current conditions, enroute forecast, destination forecast, winds aloft, NOTAMs and ATC delays.
- <u>Abbreviated</u> Updates previously received information from mass disseminated sources or a previous briefing.
- <u>Outlook</u> For departures 6 or more hours away. Includes forecasts for the time of the flight.
- Inflight FSS also provides any of the above types in flight.

## WEATHER PRODUCTS

- AIRMET (WA) -
  - An advisory of <u>significant weather phenomena</u> at <u>lower intensities than those which require</u> <u>the issuance of SIGMETs</u>. These conditions may affect all aircraft but are potentially hazardous to aircraft with limited capability.
  - **Valid for 6 hours**.
  - AIRMET (T) describes moderate turbulence, sustained surface winds of 30 knots or greater, and/or non-convective low-level wind shear.
  - AIRMET (Z) describes moderate icing and provides freezing level heights.
  - AIRMET (S) describes IFR conditions and/or extensive mountain obscurations.
  - <u>Graphical AIRMETs</u> (AIRMET G) found at <u>www.</u> aviationweather.gov
- SIGMET (WS)
  - A non-scheduled inflight advisory with a maximum forecast period of 4 hours. Advises of non-convective weather potentially hazardous to all types of aircraft. A SIGMET is issued when the following is expected to occur:
  - Severe icing not associated with thunderstorms
  - Severe or extreme turbulence or Clear Air Turbulence (CAT) not associated with thunderstorms.
  - Dust storms, sandstorms lowering surface visibility below 3 miles.
- Convective SIGMET (WST)
  - An inflight advisory of <u>convective weather</u> <u>significant</u> to the safety of <u>all aircraft</u>.
  - Issued hourly at 55 minutes past the hour for the western (W), eastern (E) and central (C) USA.
     Not issued for Alaska or Hawaii.
  - ▷ Valid for 2 hours.
  - Contains either an observation and a forecast or only a forecast.
  - ▷ Issued for any of the following:
    - Severe thunderstorms due to:
      - Surface winds greater or equal to 50 knots
         Hail at the surface greater than 3/4 inch in
    - diameter
    - □ <u>Tornadoes</u> □ Embedded thunderstor
    - <u>Embedded thunderstorms</u> of any intensity level
    - A <u>line of thunderstorms</u> at least <u>60 miles long</u> with thunderstorms affecting at least <u>40% of its</u> <u>length.</u>

Airplane IFR Quick-Review | Page 19 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023



## WEATHER PRODUCTS - CONTINUED

- Thunderstorms producing <u>heavy or greater</u> <u>precipitation</u> (<u>VIP level 4</u>) affecting <u>at least 40% of</u> <u>an area of at least 3000 square miles</u>.
- Any Convective SIGMET implies severe or greater turbulence, severe icing, and low level wind shear.
- International SIGMET
  - Issued outside the Contiguous USA and follow ICAO coding standards.
  - In the US, international SIGMETs are issued for areas that include Alaska, Hawaii, portions of the Atlantic and Pacific Oceans, and the Gulf of Mexico.
  - Criteria for international SIGMETs:
    - <u>Thunderstorms</u> occurring in lines, <u>embedded</u> in <u>clouds</u>, or in large areas producing <u>tornadoes</u> or <u>large hail</u>.
    - Tropical cyclones
    - Severe icing
    - Severe or extreme turbulence
    - <u>Dust storms</u> and <u>sandstorms</u> lowering surface <u>visibility</u> to <u>less than 3 miles</u>
    - Volcanic ash
- <u>PIREP (UA)</u> & <u>Urgent PIREP (UUA)</u> pilot weather reports.
- METAR Aviation routine weather show surface weather observations in a standard international format. Scheduled METARs are published every hour. Non-scheduled METARS (SPECI) are issued when there is a significant change in one or more reported element since the last scheduled METAR.
- <u>TAF</u> Terminal Aerodrome Forecast. Weather forecast for 5SM radius area around the station. Issued 4 times a day, every six hours and normally covers a 24 or 30 hour forecast period. TAF amendments (TAF AMD) supersede previous TAFs.
- Surface analysis chart –Generated from surface station reports. Shows pressure systems, isobars, fronts, airmass boundaries (e.g.: dry lines and outflow boundaries) and station information (e.g.: wind, temperature/dew point, sky coverage, and precipitation). Issued every 3 hours. (or every 6 hours in Hawaii and tropical and Oceanic regions). A <u>Unified Surface Analysis Chart</u> is produced every 6 hours and combines the analysis from the 4 centers (OPC, WPC, NHC and HFO)
- <u>Radar summary chart (SD)</u> Depicts precipitation type, intensity, coverage, movement, echoes, and maximum tops. Issued hourly
- Wind & temp aloft forecasts (FB) Issued 4 times daily
   for various altitudes and flight levels. Winds at altitude up to 1500' AGL and temperatures at up to 2500' AGL are not shown. Format: DDff±tt, where DD = wind direction; ff = wind speed; tt = temperature. Light and variable winds: 9900. Winds between 100-199 Kt are coded by adding 5 to the first digit of the wind direction. Above FL240 temperatures are negative and the minus sign (-) is omitted. Examples: 1312+05: winds 130 / 12 kt, 5°C. 7525-02: winds 250 / 125 kt, -2° C.
- Low level significant weather chart Forecasts significant weather conditions for a 12 and 24 hour period from the surface to 400 mb level (24,000 ft). Issued 4 times a day. Depicts weather categories (IFR, MVFR and VFR), turbulence and freezing levels.

- Mid-level significant weather chart Forecasts of significant weather at various altitudes and flight levels from 10,000' MSL to FL450. Shows: thunderstorms, jet streams, tropopause height, tropical cyclones, moderate and severe icing conditions, moderate or severe turbulence, cloud coverage and type, volcanic ash and areas of released radioactive materials. Issued 4 times a day for the North Atlantic Region.
- High-level significant weather charts Depicts forecasts of significant weather phenomena for FL250 to FL630. Shows: coverage bases and tops of thunderstorms and CB clouds, moderate and severe turbulence, jet streams, tropopause heights, tropical cyclones, severe squall lines, volcanic eruption sites, widespread sand and dust storms. Issued 4 times a day.
- Convective outlook (AC) Available in both graphical and textual format. A 3-day forecast of convective activity. Convective areas are classified as marginal (MRGL), slight (SLGT), enhanced (ENH), moderate (MDT), and high (HIGH) risk for severe weather. Issuance: day 1 – 5 times a day, day 2 – twice a day, day 3 – once a day. Available on www.spc.noaa.gov.
- Weather satellite images:
  - ⊳ <u>Visible</u>
  - Helps in identifying cloud coverage based on visible light reflection.
  - Not useful for identifying cloud height.
  - Infrared (Color or B/W)
    - Measure cloud top temperature
    - □ Highest clouds appear bright white.
    - Middle clouds are in shades of gray
    - Low clouds and fog are dark gray,
  - ▷ <u>Water vapor</u>
    - Shows areas of moist and dry air in shades of gray from white to black.
    - D Moist air areas are depicted as bright white
    - Dry air is depicted in black.

Next Generation Weather Radar (NEXRAD) products. Examples:

- Base reflectivity echo intensities in dBZ. Available for several elevation tilt angles.
- Echo tops color coded echo top heights.
- Composite reflectivity Reveals highest reflectivity of all echos, helps in examining storm structure features and the intensity of storms.
- ▷ 1 and 3-hour precipitation
- <u>Ceiling & Visibility Charts</u>- Shows ceiling based on surface observations. This online tool phased out the older weather depiction chart and is now replaced with the HEMS tool at www.aviationweather.gov/hemst
- Graphical turbulence Guidance (GTG) tool at www. aviationweather.gov/turbulence/gtg – Shows color coded turbulence forecast based on aircraft category, altitude and time.

Airplane IFR Quick-Review | Page 20 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023



## WEATHER HAZARDS

THUNDERSTORMS							
The Three Conditions Required for	The Three Conditions Required for the formation of Thunderstorms:						
1. Sufficient <u>water vapor</u> (moisture).							
2. An <b>unstable temperature lapse rate</b> . Stability is the rest displacement. An unstable lapse rate allows any air mas	s displacement to f	urther grow vertically.					
3. An initial <u>uplifting force</u> (e.g., front passages, orographi							
Three Stages in Thur <b>1. <u>Cumulus</u> (3-5 mile height) – The lifting action of the air l</b>	derstorm Lifecyc	le:					
<ol> <li><u>Mature</u> (5-10 miles height) – Hie mang action of the air factor of the</li></ol>	starts falling from th	ne cloud base. Updraft at this stage					
3. <u>Dissipating</u> (5-7 miles height) – Characterized by stron	ig downdrafts and t	he cell dying rapidly.					
Thunderstor	<u>m Hazards</u> :						
Limited visibility     Strong updrafts / downdrafts	<ul> <li>Hailstones</li> </ul>	<ul> <li>Severe turbulence</li> </ul>					
■ Wind shear ■ Icing	<ul> <li>Heavy rain</li> </ul>	<ul> <li>Lightning strikes and tornadoes.</li> </ul>					
FO	G						
A cloud that begins within 50 ft of the surface.							
Fog occurs when:							
The air temperature near the ground reaches its dew	<u><b>point</b></u> , or						
when the <u>dew point is raised to the existing temperature</u>	ture by <u>added moi</u>	<u>sture</u> to the air.					
Types of fog							
<ul> <li>Radiation fog – Occurs at calm, clear nights when the gradiation.</li> </ul>	ground cools rapidly	y due to the release of ground					
<ul> <li>Advection fog – Warm, moist air moves over a cold sur</li> <li>Ice fog – Forms when the temperature is much below fr</li> </ul>	eezing and water v						
Ice fog is common in the arctic regions, but also occurs	in mid-latitudes.						
<ul> <li>Upslope fog – Moist, stable air is forced up a terrain slo cooling.</li> </ul>							
<b>Steam fog</b> – Cold, dry air moves over warm water. Moisture is added to the airmass and steam fog forms.							
ICING							
Structural Ice. Two conditions for formation: 1. Visible surface temperature below freezing.	•						
Clear ice – The most dangerous type. Heavy, hard and difficult to remove. Forms when water drops freeze slowly as a smooth sheet of solid ice. Usually occurs at temperatures close to the freezing point (-10° to 0° C)							
<ul> <li>by large supercooled drops of water</li> <li><u>Rime ice</u> – Opaque, white, rough ice formed by small supercooled water drops freezing quickly. Occurs at lower temperatures than clear ice.</li> </ul>							
Mixed ice – Clear and rime ice formed simultaneously.							
Instrument ice – Structural ice forming over aircraft instruments and sensors, such as pitot and static.							
Induction ice – ice reducing the amount of air for the engine intake.							
Intake ice – Blocks the engine intake.							
<ul> <li><u>Carburetor ice</u> – May form due to the steep temperatur outside air temperatures of -7° to 21° C and a high relati</li> </ul>	ve humidity (above	80%).					
Frost – Ice crystals caused by sublimation when both the	e temperature and	the dew point are below freezing.					

Airplane IFR Quick-Review | Page 21 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

## AEROMEDICAL

(Pilot Handbook of Aeronautical Knowledge)

- **<u>Hypoxia</u>** Insufficient supply of oxygen to the body cells.
  - <u>Hypoxic hypoxia</u> Insufficient supply of O2 to the body as a whole. As altitude increases, O2 percentage of the atmosphere is constant, but its pressure decreases. The reduced pressure becomes insufficient for the O2 molecules to pass through the respiratory system's membranes.
  - Hypemic hypoxia Inability of the blood to carry the O2 molecules. It may be a result of insufficient blood (bleeding or blood donation), anemia or CO poisoning.
  - Histotoxic hypoxia Inability of the body cells to affectively use the O2 supplied by the blood. This can be caused by use of alcohol or drugs.
  - Stagnant hypoxia Caused by the blood not flowing efficiently. Can be caused by heart problems, excessive acceleration (Gs), shock or a constricted blood vessel. Cold temperatures can restrict circulation and decrease blood supplied to the extremities.
- <u>Hyperventilation</u> A condition which occurs when excessive amount of CO2 is eliminated from the body as a result of breathing too rapidly. Symptoms may be similar to those of hypoxia. Breathing into a paper bag or talking aloud helps recovery from hyperventilation.
- Decompression sickness Inert gasses (mainly nitrogen) are released rapidly from solution in the body tissues and fluids as a result of low barometric pressure. The gasses form bubbles that may harm the body in several ways. The most common result of decompression sickness is joint pain ("the bends"). To help prevent the bends after SCUBA diving: wait at least 12 hours after diving that does not require a controlled ascent (non-decompression stop diving) for flights up to 8000 ft MSL; wait 24 hours for flights above 8000 ft or after any diving that required a controlled ascent (decompression stop diving).

Oxygen requirements (§91.211, Note: see §121.327-121.333 & §135.89, §135.157 for 121/135 operations O2 rules)

#### Unpressurized cabins

- Cabin pressure altitudes above 12,500 to 14,000' MSL (including) The required minimum flight crew must be provided with and must use supplemental O2 for periods of flight over 30 minutes at these altitudes.
- Cabin pressure altitudes above 14,000' The required minimum flight crew must be provided with and must use supplemental O2 the entire flight time at these altitudes.
- ▷ Cabin pressure altitudes above 15,000' MSL Each occupant must be provided with supplemental O2.

#### Pressurized cabins

- ▷ Above FL250 an addition of at least 10 minutes of supplemental O2 for each occupant is required.
- ➢ Above FL350 one pilot at the controls must wear and use an O2 mask unless two pilots are at the control with quick-donning masks and the aircraft is at or below FL410.
- If one pilot leaves the controls above FL350, the other pilot must wear and use his O2 mask regardless if it's a quick donning type.

#### Middle Ear & Sinus blockage

- > Air pressure in the middle ear and sinuses normally equalizes with external air through the nasal passages.
- Allergies, colds or sinus infections may block these small opening and prevent the pressure from equalizing.
- If the air gets trapped, it may cause extreme pain, reduction in hearing or damage to the ear drums. This effect is usually most severe during descent.
- To relieve this condition, try the "Valsalva Maneuver": pinch your nostrils and gently try to blow air out of your nose. This forces air through the Eustachian tube into the middle ear. It may not work if the pilot has a cold, sinus or ear infection, or a sore throat.
- > Consider seeing a physician if the condition doesn't clear after the flight.

## Spatial disorientation and illusions

- $\triangleright$  3 systems the body uses for spatial orientation
  - <u>Vestibular System</u> Consists of organs in the inner ear
    - 3 semicircular canals sense movement in 3 axes: pitch, roll and yaw. The canals are filled with fluid, which moves against tiny sensory hairs as the head is moved. The brain gets these signals and interprets a sensation of movement.
  - 2 otolith organs, the utricle and saccule, sense acceleration in the horizontal and vertical planes.
  - □ **Somatosensory System** Consists of nerves in the skin, muscles and joints.
  - □ <u>Visual System</u> Visual cues from our eyes help the brain figure out spatial orientation.

## Vestibular Illusions

- The leans After leveling the wings following a prolonged turn, pilot may feel that the aircraft is banked in the opposite direction of the turn.
- Coriolis Illusion After a prolonged turn, the fluid in the ear canal moves at same speed as the canal. A head movement on a different plane will cause the fluid to start moving and result in a false sensation of acceleration or turning on a different axis.
- Graveyard Spiral A pilot in a prolonged, coordinated constant-rate turn may experience the illusion of not turning. After leveling the wings, the pilot may feel the sensation of turning to the other direction ("the leans"), causing the pilot to turn back in the original direction. Since a higher angle of attack is required during a turn to remain level, the pilot may notice a loss of altitude and apply back force on the elevator. This may tighten the spiral and increase the loss of altitude.
- Somatogravic Illusion Rapid acceleration stimulates the inner ear otolith organs in the same way as tilting the head backwards. This may create the illusion of a higher pitch angle. Deceleration causes the opposite illusion – the sensation of tilting the head forward and the aircraft being in a nose-low attitude.
- Inversion Illusion An abrupt change from climb to straight and level may create the illusion of tumbling backwards due to the fluid movement in the otolith organs.
- Elevator Illusion An abrupt upward vertical acceleration may create the illusion of climbing, due to fluid movement in the otolith organs.

Airplane IFR Quick-Review | Page 22 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

## PilotsCafe.com



## SPATIAL DISORIENTATION AND ILLUSIONS - CONTINUED

## ▷ Visual Illusions

- □ False Horizon An illusion in which the pilot may misidentify the horizon line. May be caused by sloping cloud formation, an obscured horizon, an aurora borealis, dark night with scattered lights and stars or the geometry of the ground
- Autokinesis Staring at a stationary point of light in a dark or featureless scene for a prolonged period of time may cause the light to appear to be moving. A pilot may attempt to align the aircraft with the perceived moving light, resulting in loss of control.
- **Optical Illusions** 
  - Runway Width Illusion During approach to land, a narrow runway may give the pilot the illusion that the airplane is too high, whereas a wide runway may make it seem too low.
  - Runway and Terrain Slope Illusion An up-sloping terrain or runway can give the illusion that the plane is higher than it actually is.
  - Featureless Terrain Illusion Also known as "black hole approach." Flying over dark or featureless terrain (for example, during an over-water approach) can give the illusion that the aircraft is at a higher altitude, causing the pilot to fly lower than desired.
  - □ Water Refraction Light refraction due to rain on the windshield may cause the horizon to seem lower and, as a result, the aircraft to appear higher. This illusion may lead the pilot to fly lower than desired.
  - Haze During an approach, haze may give the illusion that the runway is further or that the airplane is higher than it is.
  - □ Fog Flying into fog may create an illusion of a nose-up motion.
  - Ground Lighting Illusion -
  - Lights along straight paths (e.g., road or train lights) can be mistaken for runway or approach lights.
  - Bright runway and approach lights can make the runway appear closer than it is, especially when the surrounding terrain is dark. This illusion may lead the pilot to fly a higher approach than desired.

#### **Coping with spatial disorientation** (Pilot Handbook of Aeronautical Knowledge)

- 1. Understand the causes of the illusions that may affect you as a pilot and stay alert for them when flying.
- 2. Obtain and understand relevant preflight weather information.
- 3. Maintain instrument proficiency and obtain training if needed before flying in marginal or instrument conditions.
- 4. Do not fly into adverse weather conditions or into dark or featureless areas unless instrument proficient.
- 5. When using outside visual references, ensure they are reliable, fixed points on the earth's surface.
- 6. Avoid sudden head movements, particularly during takeoff, turns, and approaches to landing.
- 7. Be physically tuned for flight into reduced visibility. Ensure proper rest, adequate diet, and, if flying at night, allow for night adaptation. Remember that illness, medication, alcohol, fatigue, sleep loss, and mild hypoxia are likely to increase susceptibility to spatial disorientation.
- 8. Most importantly, become proficient in the use of flight instruments and rely upon them. Trust the instruments and disregard your sensory perceptions.

RNP Approach Minima – supported equipment							
Minima	GLS (DA) LPV (DA) LP (MDA) LNAV / VNAV (DA) LNAV (MDA)						
Approach Type	Precision	APV	Non-precision	APV	Non-precision		
GBAS (formerly LAAS)	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		
WAAS		$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$		
GPS + Baro VNAV				$\checkmark$	$\checkmark$		
Basic IFR GPS					$\checkmark$		

## TABLES & REFERENCES



## TABLES & REFERENCES - CONTINUED

VOR Time & Distance		sponder Codes
Distance off course = 200 ft per dot per NM from VOR		Description
Distance to station = TAS X min between bearings / degrees of BRG change		Aircraft hijacking
	7600	Radio Failure
<u>Time (minutes) to station</u> = Seconds of BRG change / degrees of BRG change	7700	Emergency

Standard Rate Turn - Angle of Bank Calculation

## (KTAS / 10) X 1.5

<u>Example</u>: 120 KTAS

 $(120 / 10) \times 1.5 = 12 \times 1.5 = 18^{\circ} \text{ of bank}$ 

Aircraft Approach Categories						
CAT	1.3Vso (kts)	Standard ( <u>old</u> ) circling maneuver radius (NM)				
А	< 90	1.3				
В	91-120	1.5				
С	121-140	1.7				
D	D 141-165 2.3					
E	> 165	4.5				
Expanded Circling Approach Maneuvering Radius						

**Expanded Circling Approach Maneuvering Radius** Identified by **O** on FAA approach charts.

For procedures developed after late 2012. (AIM 5-4-20)						
Circling MDA (MSL)	А	В	С	D	Е	
1000 or less	1.3	1.7	2.7	3.6	4.5	
1001-3000	1.3	1.8	2.8	3.7	4.6	
3001-5000 ft	1.3	1.8	2.9	3.8	4.8	
5001-7000 ft	1.3	1.9	3.0	4.0	5.0	
7001-9000 ft	1.4	2.0	3.2	4.2	5.3	
9001 and above	1.4	2.1	3.3	4.4	5.5	

RVR (ft)	Visibility (SM)
1,600	1/4
2,400	1/2
3,200	5/8
4,000	3/4
4,500	7/8
5,000	1
6,000	1-1/4

## Special VFR (SVFR) (91.157) -

An **ATC clearance** allowing operation under **VFR** with weather conditions lower than the standard VFR minimums prescribed in 91.155.

SVFR is available **below 10,000 MSL** within the airspace contained by the **upward extension of the lateral boundaries of the controlled airspace designated to the surface of an airport**.

Requires at least **1 SM** (as officially reported) and that the aircraft remains **clear of clouds**.

For **night SVFR** (sunset to sunrise), an <u>Instrument rating</u> and <u>instrument-equipped aircraft</u> are required.

Flight Categories Used in AWC Weather Products						
Category	Color	Ceiling		Visibility		
LIFR (Low IFR)	Magenta	Less than 500'	and/or	Less than 1 SM		
IFR (Instrument Flight Rules)	Red	500' to below1,000' ft AGL	and/or	1 SM to less than 3 SM		
MVFR (Marginal VFR)	Blue	1,000'-3,000' AGL	and/or	3 to 5 SM		
VFR (Visual Flight Rules)	Green	Greater than 3000' AGL	and	Greater than 5 SM		

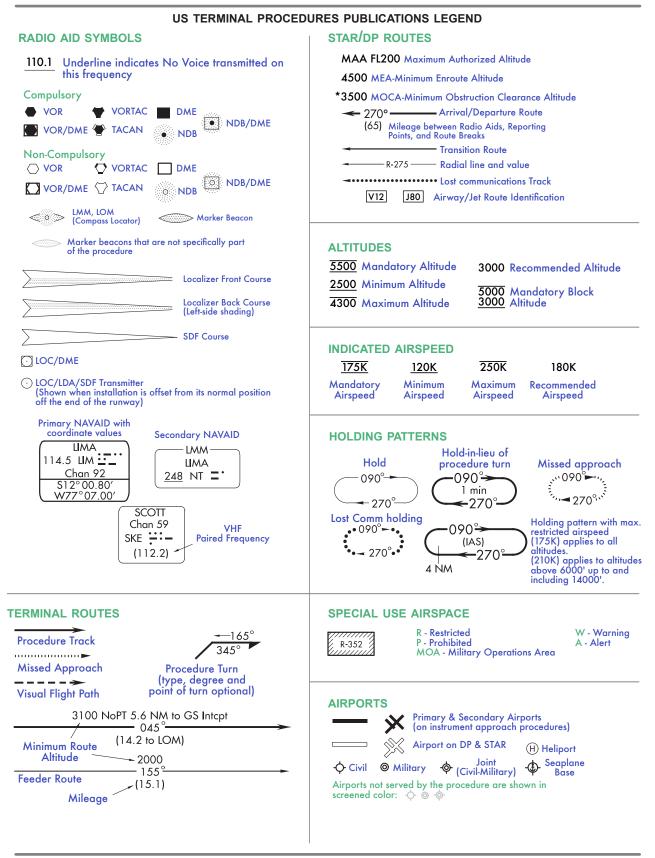
NOTES:

By definition, IFR is ceiling less than 1,000' AGL and/or visibility less than 3 miles while LIFR is a sub-category of IFR. By definition, VFR is ceiling greater than or equal to 3,000' AGL and visibility greater than or equal to 5 SM while MVFR is a subcategory of VFR. Sources: https://aviationweather.gov/taf/help?page=plot and AIM 7-1-7

Airplane IFR Quick-Review | Page 24 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

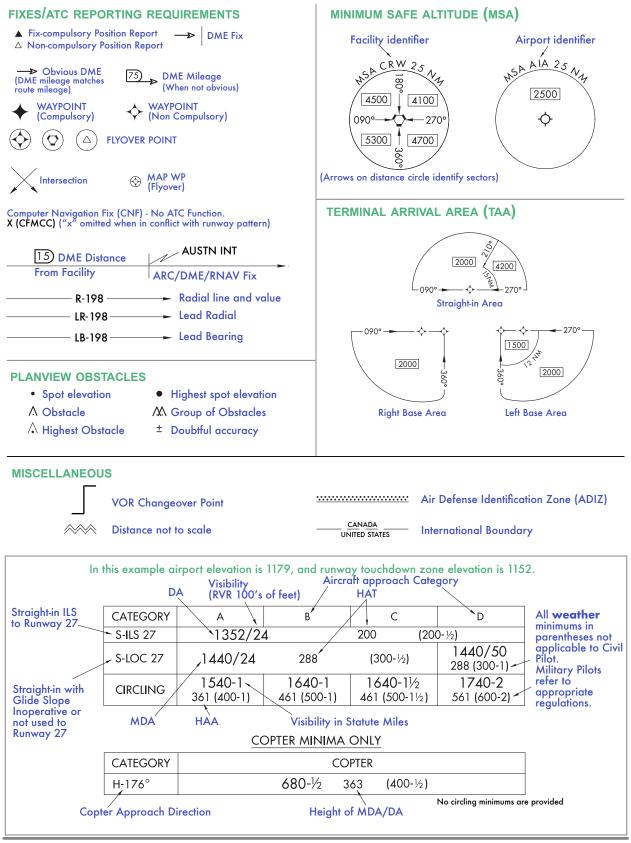
## IFR Quick-Review Guide - Airplane





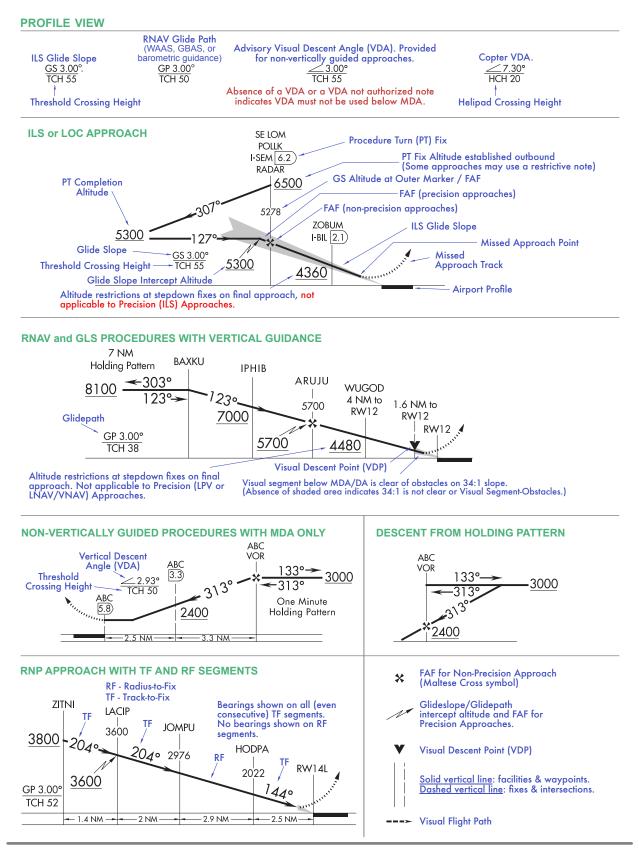
Airplane IFR Quick-Review | Page 25 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023





Airplane IFR Quick-Review | Page 26 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

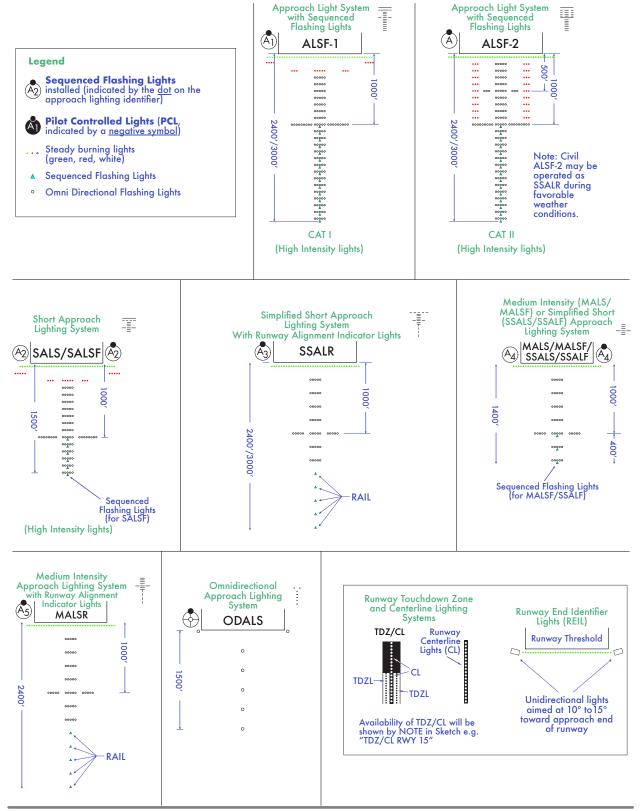




Airplane IFR Quick-Review | Page 27 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

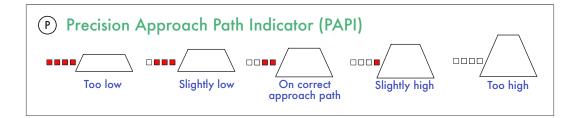


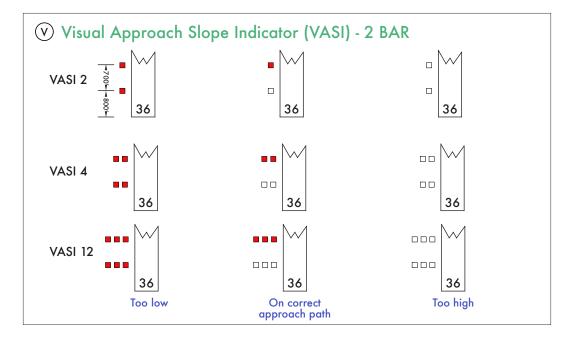
## APPROACH LIGHT SYSTEMS (ALS)

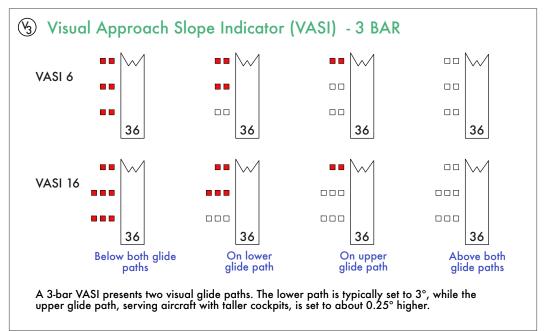


Airplane IFR Quick-Review | Page 28 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023



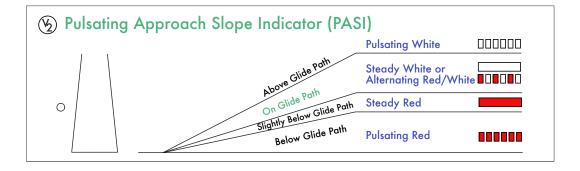


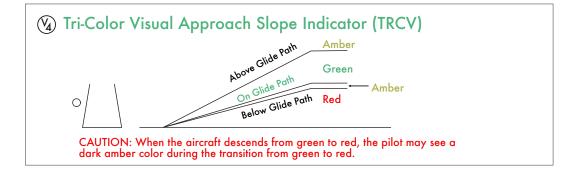


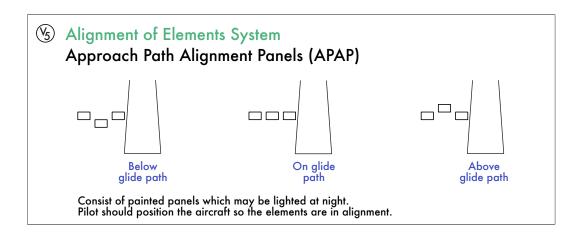


Airplane IFR Quick-Review | Page 29 of 32 | Visit <u>PilotsCafe.com</u> for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023









## IFR Quick-Review Guide - Airplane



Term	Definition
AATD	Advanced Aviation Training Device
AAWU	Alaskan Aviation Weather Unit
AC	Advisory Circular
ACS	Airman Certification Standards
AD	Airworthiness Directive
ADC	Air Data Computer
ADM	Aeronautical Decision Making
ADS-B	Automatic Dependent Surveillance- Broadcast
AFM	Airplane Flight Manual
AGL	Above Ground Level
AHRS	Attitude Heading Reference System
AI	Attitude Indicator
AIM	Aeronautical Information Manual
ALS	Approach Light System
ALSF	Approach Light System with Sequence Flashing Lights (e.g, ALSF-1, ALSF-2)
APV	Approach with Vertical guidance
ARTCC	Air Route Traffic Control Center ("Center")
ASI	Airspeed Indicator
ASOS	Automated Surface Observation System
ASR	Approach Surveillance Radar
ATC	Air Traffic Control
ATD	Aviation Training Device
ATIS	Automatic Terminal Information Service
AWC	Aviation Weather Center
AWOS	Automated Weather Observation System
BATD	Basic Aviation Training Device
DA	Decision Altitude
DH	Decision Height
DME	Distance Measuring Equipment
DP	Departure Procedure
EDCT	Expect Departure Clearance Time
EFB	Electronic Flight Bag
ELT	Emergency Locator Transmitter
ETA	Estimated Time of Arrival
FAA	Federal Aviation Administration
FAF	Final Approach Fix
FCC	Federal Communications Commission
FFS	Full Flight Simulator
FIS-B	Flight Information Services-Broadcast
FL	Flight Level
fpm	Feet per Minute
FPNM	Feet per Nautical Mile
FSS	Flight Service Station

FTDFlight Training DeviceGBASGround Based Augmentation SystemGLSGBAS Landing SystemGPGlide PathHFOWeather Forecast Office HonoluluHIHeading IndicatorIAFInitial Approach FixICAOInternational Civil Aviation OrganizationIFIntermediate FixIFRInstrument Flight RulesILSInstrument Proficiency CheckKTASKnots True AirspeedKtsKnots. NM / hour.LAASLocalizer Type Directional Aid.LIFRLocalizer Type Directional Aid.LIFRLocalizer Performance RNAV / RNP approachLPLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMaximum Crossing AltitudeMDAMinimum Descent HeightMEAMinimum Descent HeightMEAMinimum Descent HeightMEAMinimum Dostruction Clearance AltitudeMDHMinimum Obstruction Clearance AltitudeMDAMinimum Off Route AltitudeMDAMinimum Obstruction Clearance AltitudeMCAMinimum Obstruction Clearance AltitudeMCAMinimum Off Route AltitudeMCAMinimum Off Route AltitudeMCAMinimum Off Route AltitudeMCAMinimum Off Route AltitudeMDHMinimum Off Route AltitudeMDAMinimum Off Route AltitudeMCAMinimum Off Route AltitudeMCAMinimum Off Route AltitudeMCAMini	Term	Definition
GBAS         Ground Based Augmentation System (i.e, LAAS)           GLS         GBAS Landing System           GP         Glide Path           HFO         Weather Forecast Office Honolulu           HI         Heading Indicator           IAF         Initial Approach Fix           ICAO         Intermational Civil Aviation Organization           IF         Intermediate Fix           IR         Instrument Flight Rules           ILS         Instrument Proficiency Check           KTAS         Knots True Airspeed           Kts         Knots. NM / hour.           LAAS         Localizer Type Directional Aid.           LIFR         Localizer Type Directional Aid.           LIFR         Localizer Performance RNAV / RNP approach           LOC         Localizer Precision with Vertical Guidance approach           MAA         Maximum Authorized Altitude           MAP         Missed Approach Point           MCA         Minimum Descent Altitude           MDH         Minimum Equipment List           MAP         Minimum Equipment List           MAA         Maximum Authorized Altitude           MAA         Maximum Crossing Altitude           MAA         Minimum Descent Altitude           <		Flight Training Device
GPGlide PathHFOWeather Forecast Office HonoluluHIHeading IndicatorIAFInitial Approach FixICAOInternational Civil Aviation OrganizationIFIntermediate FixIFRInstrument Flight RulesILSInstrument Elight RulesILSInstrument Meteorological ConditionsIPCInstrument Meteorological ConditionsIPCInstrument Proficiency CheckKTASKnots True AirspeedKtsKnots. NM / hour.LAASLocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachMAAMaximum Authorized AltitudeMAAMaximum Authorized AltitudeMAAMinimum Descent AltitudeMDAMinimum Descent HeightMEAMinimum Enroute AltitudeMDHMinimum Enroute AltitudeMELMinimum Enroute AltitudeMCAMinimum Descent HeightMEAMinimum Obstruction Clearance AltitudeMCAMinimum Operational Network programMOCAMinimum Off Route Altitude (Jeppesen)MRAMinimum Off Route AltitudeMCAMinimum Reception AltitudeMCAMinimum Off Route		Ground Based Augmentation System
HFOWeather Forecast Office HonoluluHIHeading IndicatorIAFInitial Approach FixICAOInternational Civil Aviation OrganizationIFIntermediate FixIFRInstrument Flight RulesILSInstrument Elight RulesILSInstrument Meteorological ConditionsIPCInstrument Meteorological ConditionsIPCInstrument Proficiency CheckKTASKnots True AirspeedKtsKnots. NM / hour.LAASLocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachMAAMaximum Authorized AltitudeMAAMaximum Authorized AltitudeMAPMissed Approach PointMCAMinimum Descent AltitudeMDHMinimum Enroute AltitudeMDHMinimum Enroute AltitudeMELMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Obstruction Clearance AltitudeMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Off Route AltitudeMORAMinimum Reception AltitudeMORAMinimum Off Route AltitudeMORAMinimum Off Route AltitudeMORAMinimum Off Route AltitudeMVFRMarginal VFR	GLS	GBAS Landing System
HIHeading IndicatorIAFInitial Approach FixICAOInternational Civil Aviation OrganizationIFIntermediate FixIFRInstrument Flight RulesILSInstrument Elight RulesILSInstrument Meteorological ConditionsIPCInstrument Meteorological ConditionsIPCInstrument Proficiency CheckKTASKnots True AirspeedKtsKnots. NM / hour.LAASLocal Area Augmentation SystemLDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizer Performance RNAV / RNP approachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMaximum Crossing AltitudeMDAMinimum Descent AltitudeMDAMinimum Enroute AltitudeMDAMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route AltitudeMSLMean Sea LevelMVFRMarginal VFR	GP	Glide Path
IAFInitial Approach FixICAOInternational Civil Aviation OrganizationIFIntermediate FixIFRInstrument Flight RulesILSInstrument Landing SystemIMInner MarkerIMCInstrument Meteorological ConditionsIPCInstrument Proficiency CheckKTASKnots True AirspeedKtsKnots. NM / hour.LAASLocal Area Augmentation SystemLDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachMAAMaximum Authorized AltitudeMAAMaximum Authorized AltitudeMAAMinimum Descent AltitudeMDAMinimum Descent AltitudeMDAMinimum Descent HeightMEAMinimum Enroute AltitudeMDHMinimum Enroute AltitudeMELMinimum Descent HeightMEAMinimum Operational SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Off Route AltitudeMSLMean Sea LevelMVFRMarginal VFR	HFO	Weather Forecast Office Honolulu
ICAO       International Civil Aviation Organization         IF       Intermediate Fix         IFR       Instrument Flight Rules         ILS       Instrument Landing System         IM       Inner Marker         IMC       Instrument Meteorological Conditions         IPC       Instrument Proficiency Check         KTAS       Knots True Airspeed         Kts       Knots. NM / hour.         LAAS       Local Area Augmentation System         LDA       Localizer Type Directional Aid.         LIFR       Low IFR         LNAV       Lateral Navigation         LOC       Localizer Performance RNAV / RNP         approach       Guidance approach         MAA       Maximum Authorized Altitude         MAA       Maximum Authorized Altitude         MAA       Maximum Crossing Altitude         MDA       Minimum Descent Altitude         MDA       Minimum Enroute Altitude         MDH       Minimum Enroute Altitude         MEL       Minimum Descent Altitude         MEL       Minimum Descent Altitude         MDD       Multi Function Display         MLS       Microwave Landing System         MM       Middle Marker	HI	Heading Indicator
IFIntermediate FixIFRInstrument Flight RulesILSInstrument Landing SystemIMInner MarkerIMCInstrument Meteorological ConditionsIPCInstrument Proficiency CheckKTASKnots True AirspeedKtsKnots. NM / hour.LAASLocal Area Augmentation SystemLDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizer Performance RNAV / RNP approachLPLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAPMissed Approach PointMCAMinimum Descent HeightMEAMinimum Enroute AltitudeMDHMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Off Route Altitude (Jeppesen)MRAMinimum Off Route Altitude (Jeppesen)MRAMinimum Off Route Altitude	IAF	Initial Approach Fix
IFR       Instrument Flight Rules         ILS       Instrument Landing System         IM       Inner Marker         IMC       Instrument Meteorological Conditions         IPC       Instrument Proficiency Check         KTAS       Knots True Airspeed         Kts       Knots. NM / hour.         LAAS       Local Area Augmentation System         LDA       Localizer Type Directional Aid.         LIFR       Low IFR         LNAV       Lateral Navigation         LOC       Localizer Performance RNAV / RNP approach         LPV       Localizer Precision with Vertical Guidance approach         MAA       Maximum Authorized Altitude         MAA       Maximum Crossing Altitude         MAP       Missed Approach Point         MCA       Minimum Descent Height         MEA       Minimum Equipment List         MFD       Multi Function Display         MLS       Microwave Landing System         MM       Middle Marker         MOCA       Minimum Off Route Altitude (Jeppesen)         MRA       Minimum Off Route Altitude         MCA       Minimum Off Route Altitude         MEL       Minimum Off Route Altitude         MCA       Minimum Off Ro	ICAO	International Civil Aviation Organization
ILSInstrument Landing SystemIMInner MarkerIMCInstrument Meteorological ConditionsIPCInstrument Proficiency CheckKTASKnots True AirspeedKtsKnots. NM / hour.LAASLocal Area Augmentation SystemLDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachMAAMaximum Authorized AltitudeMAAMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Descent AltitudeMDAMinimum Enroute AltitudeMELMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route AltitudeMSLMean Sea LevelMVFRMarginal VFR	IF	Intermediate Fix
IMInner MarkerIMInner MarkerIMCInstrument Meteorological ConditionsIPCInstrument Proficiency CheckKTASKnots True AirspeedKtsKnots. NM / hour.LAASLocal Area Augmentation SystemLDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachMAAMaximum Authorized AltitudeMAAMaximum Authorized AltitudeMAAMinimum Crossing AltitudeMAPMissed Approach PointMCAMinimum Descent AltitudeMDAMinimum Enroute AltitudeMELMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route AltitudeMSLMean Sea LevelMVFRMarginal VFR	IFR	Instrument Flight Rules
IMCInstrument Meteorological ConditionsIPCInstrument Proficiency CheckKTASKnots True AirspeedKtsKnots. NM / hour.LAASLocal Area Augmentation SystemLDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizer Performance RNAV / RNP approachLPLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMaximum Crossing AltitudeMAPMissed Approach PointMCAMinimum Descent HeightMEAMinimum Enroute AltitudeMELMinimum Enroute AltitudeMEAMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Off Route Altitude (Jeppesen)MRAMinimum Off Route AltitudeMORAMinimum Off Route AltitudeMVFRMarginal VFR	ILS	Instrument Landing System
IPCInstrument Proficiency CheckIPCInstrument Proficiency CheckKTASKnots True AirspeedKtsKnots. NM / hour.LAASLocal Area Augmentation SystemLDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Descent AltitudeMDHMinimum Enroute AltitudeMELMinimum Enroute AltitudeMELMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Obstruction Clearance AltitudeMONVOR Minimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Off Route AltitudeMVFRMarginal VFR	IM	Inner Marker
KTASKnots True AirspeedKtsKnots. NM / hour.LAASLocal Area Augmentation SystemLDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Descent AltitudeMDHMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route AltitudeMVFRMarginal VFR	IMC	Instrument Meteorological Conditions
KtsKnots. NM / hour.LAASLocal Area Augmentation SystemLDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Descent AltitudeMDAMinimum Descent HeightMEAMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Off Route AltitudeMVFRMarginal VFR	IPC	Instrument Proficiency Check
LAASLocal Area Augmentation SystemLDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMALSRMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Descent AltitudeMDHMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Off Route AltitudeMVFRMarginal VFR	KTAS	Knots True Airspeed
LDALocalizer Type Directional Aid.LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Descent AltitudeMDHMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Off Route Altitude	Kts	Knots. NM / hour.
LIFRLow IFRLNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Descent AltitudeMDAMinimum Descent AltitudeMDAMinimum Descent HeightMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMSLMean Sea LevelMVFRMarginal VFR	LAAS	Local Area Augmentation System
LNAVLateral NavigationLOCLocalizerLPLocalizer Performance RNAV / RNP approachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Descent AltitudeMDAMinimum Descent AltitudeMDAMinimum Descent HeightMEAMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMVFRMarginal VFR	LDA	Localizer Type Directional Aid.
LOCLocalizerLPLocalizer Performance RNAV / RNP approachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMaximum Authorized AltitudeMAAMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Crossing AltitudeMDAMinimum Descent AltitudeMDHMinimum Descent HeightMELMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMVFRMarginal VFR	LIFR	Low IFR
LPLocalizer Performance RNAV / RNP approachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMaximum Authorized AltitudeMAAMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Crossing AltitudeMDAMinimum Descent AltitudeMDAMinimum Descent HeightMEAMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMSLMean Sea LevelMVFRMarginal VFR	LNAV	Lateral Navigation
LPapproachLPVLocalizer Precision with Vertical Guidance approachMAAMaximum Authorized AltitudeMAAMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Crossing AltitudeMDAMinimum Descent AltitudeMDAMinimum Descent HeightMEAMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMSLMean Sea LevelMVFRMarginal VFR	LOC	Localizer
LPVGuidance approachMAAMaximum Authorized AltitudeMALSRMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Crossing AltitudeMDAMinimum Descent AltitudeMDHMinimum Descent HeightMEAMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMSLMean Sea LevelMVFRMarginal VFR	LP	
MALSRMedium Intensity Approach Lighting System with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Crossing AltitudeMDAMinimum Descent AltitudeMDHMinimum Descent HeightMEAMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMSLMean Sea LevelMVFRMarginal VFR	LPV	
MALSRSystem with Runway Alignment Indicator LightsMAPMissed Approach PointMCAMinimum Crossing AltitudeMDAMinimum Descent AltitudeMDHMinimum Descent HeightMEAMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Obstruction Clearance AltitudeMONVOR Minimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMSLMean Sea LevelMVFRMarginal VFR	MAA	Maximum Authorized Altitude
MCAMinimum Crossing AltitudeMDAMinimum Descent AltitudeMDHMinimum Descent HeightMEAMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Obstruction Clearance AltitudeMONVOR Minimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMSLMean Sea LevelMVFRMarginal VFR	MALSR	System with Runway Alignment Indicator
MDAMinimum Descent AltitudeMDHMinimum Descent HeightMEAMinimum Enroute AltitudeMELMinimum Equipment ListMFDMulti Function DisplayMLSMicrowave Landing SystemMMMiddle MarkerMOCAMinimum Obstruction Clearance AltitudeMONVOR Minimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMSLMean Sea LevelMVFRMarginal VFR	MAP	Missed Approach Point
MDH       Minimum Descent Height         MEA       Minimum Enroute Altitude         MEL       Minimum Equipment List         MFD       Multi Function Display         MLS       Microwave Landing System         MM       Middle Marker         MOCA       Minimum Obstruction Clearance Altitude         MON       VOR Minimum Operational Network program         MORA       Minimum Off Route Altitude (Jeppesen)         MRA       Minimum Reception Altitude         MSL       Mean Sea Level         MVFR       Marginal VFR	MCA	Minimum Crossing Altitude
MEA       Minimum Enroute Altitude         MEL       Minimum Equipment List         MFD       Multi Function Display         MLS       Microwave Landing System         MM       Middle Marker         MOCA       Minimum Obstruction Clearance Altitude         MON       VOR Minimum Operational Network program         MORA       Minimum Off Route Altitude (Jeppesen)         MRA       Minimum Reception Altitude         MSL       Mean Sea Level         MVFR       Marginal VFR	MDA	Minimum Descent Altitude
MEL       Minimum Equipment List         MFD       Multi Function Display         MLS       Microwave Landing System         MM       Middle Marker         MOCA       Minimum Obstruction Clearance Altitude         MON       VOR Minimum Operational Network program         MORA       Minimum Off Route Altitude (Jeppesen)         MRA       Minimum Reception Altitude         MSL       Mean Sea Level         MVFR       Marginal VFR	MDH	Minimum Descent Height
MFD       Multi Function Display         MLS       Microwave Landing System         MM       Middle Marker         MOCA       Minimum Obstruction Clearance Altitude         MON       VOR Minimum Operational Network program         MORA       Minimum Off Route Altitude (Jeppesen)         MRA       Minimum Reception Altitude         MSL       Mean Sea Level         MVFR       Marginal VFR	MEA	Minimum Enroute Altitude
MLS       Microwave Landing System         MM       Middle Marker         MOCA       Minimum Obstruction Clearance Altitude         MON       VOR Minimum Operational Network program         MORA       Minimum Off Route Altitude (Jeppesen)         MRA       Minimum Reception Altitude         MSL       Mean Sea Level         MVFR       Marginal VFR	MEL	Minimum Equipment List
MM         Middle Marker           MOCA         Minimum Obstruction Clearance Altitude           MON         VOR Minimum Operational Network program           MORA         Minimum Off Route Altitude (Jeppesen)           MRA         Minimum Reception Altitude           MSL         Mean Sea Level           MVFR         Marginal VFR	MFD	Multi Function Display
MOCA       Minimum Obstruction Clearance Altitude         MON       VOR Minimum Operational Network program         MORA       Minimum Off Route Altitude (Jeppesen)         MRA       Minimum Reception Altitude         MSL       Mean Sea Level         MVFR       Marginal VFR	MLS	Microwave Landing System
MONVOR Minimum Operational Network programMORAMinimum Off Route Altitude (Jeppesen)MRAMinimum Reception AltitudeMSLMean Sea LevelMVFRMarginal VFR	MM	Middle Marker
MORA         program           MORA         Minimum Off Route Altitude (Jeppesen)           MRA         Minimum Reception Altitude           MSL         Mean Sea Level           MVFR         Marginal VFR	MOCA	Minimum Obstruction Clearance Altitude
MRA     Minimum Reception Altitude       MSL     Mean Sea Level       MVFR     Marginal VFR	MON	
MSL Mean Sea Level MVFR Marginal VFR	MORA	Minimum Off Route Altitude (Jeppesen)
MVFR Marginal VFR	MRA	Minimum Reception Altitude
	MSL	Mean Sea Level
NDB Non-Directional Beacon	MVFR	Marginal VFR
	NDB	Non-Directional Beacon

Airplane IFR Quick-Review | Page 31 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023

## IFR Quick-Review Guide - Airplane

Term	Definition
Night (FAR §1.1)	The time between the end of evening civil twilight and the beginning of morning civil twilight, as published in the Air Almanac, converted to local time.
NHC	National Hurricane Center
NMC	National Meteorological Center
NOTAM	Notice to Air Missions
ODALS	Omni-Directional Approach Lighting System
ODP	Obstacle Departure Procedure
OM	Outer Marker
OPC	Ocean Prediction Center
PAPI	Precision Approach Path Indicator
PAR	Precision Approach Radar
PFD	Primary Flight Display
PIC	Pilot-in-Command
PIREP	Pilot Report
RAIM	Receiver Autonomous Integrity Monitoring
RAIL	Runway Alignment Indicator Lights
REIL	Runway End Identifier Lights
RNAV	Area Navigation
RVR	Runway Visual Range
RVV	Runway Visibility Value
RVSM	Reduced Vertical Separation Minimum
SBAS	Satellite-based Augmentation System (e.g., WAAS, EGNOS)
SDF	Simplified Directional Facility
SID	Standard Instrument Departure
SFRA	Special Flight Rules Area
STAR	Standard Terminal Arrival
STC	Supplemental Type Certificate
SVFR	Special VFR
TCH	Threshold Crossing Height
TDZ	Touchdown Zone
TDZE	Touchdown Zone Elevation
TDZL	Touchdown Zone Lights
TIBS	Telephone Information Briefing Service
TLS	Transponder Landing System
TOC	Top of Climb
TOD	Top of Descent
TWEB	Transcribed Weather Broadcast
UAT	Universal Access Transceiver
VASI	Visual Approach Slope Indicator
VDA	Vertical Descent Angle
VDP	Visual Descent Point
VFR	Visual Flight Rules
VIP	Video Integrator Processor
	-

Term	Definition
VCOA	Visual Climb Over Airport
VMC	Visual Meteorological Conditions
VNAV	Vertical Navigation
VOR	VHF Omnidirectional Range
VORTAC	VHF Omnidirectional Range Tactical Air Navigation (VOR+TACAN)
VS	Vertical Speed
VSI	Vertical Speed Indicator
WAAS	Wide Area Augmentation System
WPC	Weather Prediction Center
Wx	Weather

Get your copy guide and check for updates at: https://PilotsCafe.com/IFR-quick-review-guide/



**Disclaimer**: While every attempt was made to verify the accuracy of the information in this report, the author does not assume any responsibilities or liabilities for errors contained in it or for misuse of this information. You may only use this guide at your own risk.

Please send any error corrections or feedback to: www.PilotsCafe.com/contact

All rights reserved to Amir Fleminger and Fleminger Media LLC dba PilotsCafe ®. PilotsCafe ® is a USA Registered Trademark. All Rights Reserved.

Airplane IFR Quick-Review | Page 32 of 32 | Visit PilotsCafe.com for updates and other flight training resources V3.8.0 Apr 4, 2023, All Rights Reserved © Amir Fleminger & Fleminger Media LLC 2011-2023